

La Tuscany Italia
Market and Gourmet Catering
705 Main St.
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Appetizers

Shrimp Cocktail – Raw Bar
Market price

Coconut Shrimp – Tomato Mozzarella Cucumber and Basil Skewers
Beef Tenderloin on Garlic Toast with Horseradish Mayo
Scallops Wrapped in Bacon - Crabmeat Stuffed Mushrooms
\$2.50 each

Broccoli Rape Stuffed Mushrooms – Sausage Stuffed Mushrooms –
Coconut Chicken Tenders
\$1.25 each

Garlic Bread Stuffed Mushrooms – Cocktail Meatballs
\$1.00 each

Tomato Brochette on Garlic Toast – Cocktail Franks en Croute
\$0.75 each

Salads

Arugula Salad

Fresh arugula with homemade roasted peppers, fresh mozzarella and grapes.

Served with our homemade honey balsamic vinaigrette on the side.

Half Tray Shallow, Half Tray and Full Tray ~ Seasonal Price

Italian blue cheese Salad

Mixed greens with cherry tomatoes, gorgonzola, pine nuts, and roasted garlic.

Served with homemade balsamic vinaigrette on the side. Half Tray ~ \$40.00 Full Tray ~ \$73.00

Greek Salad

Mixed greens with seasonal grilled vegetables, feta cheese, & calamata olives.

Served with our homemade honey balsamic vinaigrette on the side. Half Tray ~ \$40.00 Full Tray ~ \$70.00

Insalate di Vincenzo

Mixed greens with goat cheese, fresh strawberries, pignoli nuts and red onion.

Served with our homemade honey balsamic vinaigrette on the side. Half Tray ~ \$55.00 Full Tray ~ \$95.00

Tossed Salad

Romaine lettuce topped with cucumbers, tomatoes, and red onion.

Served with our homemade honey balsamic vinaigrette on the side. Half Tray ~ \$35.00 Full Tray ~ \$65.00

Antipasto of Genoa Salami, Pepperoni, Prosciutto, Soppressata, Assorted Italian Cheeses, Artichoke Hearts, Marinated Mushrooms, Roasted Peppers, Sun Dried Tomatoes, and Assorted Olives

Medium \$45.00 Large \$79.00

House Made Fresh Mozzarella and Tomato with Basil and Olive Oil

Medium \$35.00 Large \$59.00

Classic Caesar Salad

Romaine lettuce topped with croutons and freshly grated parmesan cheese.

Served with homemade Caesar dressing on the side Half Tray ~ \$35.00 Full Tray ~ \$65.00

Cesar **With Grilled Chicken** Half Tray ~ \$45.00 Full Tray ~ \$85.00

With Grilled Shrimp

Market Price

Platters

Sandwich Platters
House Signature Sandwiches Subs and Wraps
Half Tray \$74.00 Full Tray \$140.00

Fresh Fruit in Season Sliced and Artistically Garnished
Medium \$45.00 Large \$79.00

Cold Cut Platter Selection of Four Meats and Three Cheeses from our Deli Case Served with Mustard and Mayonnaise and 2 Hard Rolls per Person
\$8.00 per person

Vegetable Crudite Assorted Vegetables cut and Decoratively Arranged With your choice of Sun Dried Tomato or Artichoke Dip
Medium \$33.50 Large \$60.00

Pasta

	Half Tray	Full Tray
Baked Ziti	42.00	79.00
Cavatelli and Broccoli	35.00	65.00
Cheese Tortellini Alfredo - with peas & prosciutto	53.00	100.00
Fusilli Fungi - wild mushrooms, sundried tomatoes & peas in a light tomato cream sauce	42.00	79.00
Rigatoni Al' Amatriciana - Panchetta, onion, red pepper & plum tomato	42.00	79.00
Rigatoni Siciliana - diced eggplant, plum tomatoes & fresh mozzarella	37.00	69.00
Lasagna		
Cheese	49.00	95.00
Meat, Sausage or Spinach	49.00	95.00
Manicotti		2.00 each
Penne alla Vodka with Chicken	45.00	85.00
Penne with Broccoli Rabe & Sausage - served in garlic & oil	42.00	79.00
Penne with Broccoli Rabe & Shrimp - served in garlic & oil	63.00	120.00
Penne alla Vodka	35.00	65.00
Penne Filetto di Pomodoro - filets of plum tomatoes, prosciutto, basil, garlic & onion	45.00	85.00
Penne Marinara	35.00	65.00
Penne Puttanesca - plum tomatoes, olives & capers	35.00	65.00
Rigatoni con Panna - crumbled sweet sausage & tomato cream sauce	45.00	85.00
Stuffed Shells		1.10 each
Ziti Bolognese - traditional Italian meat sauce prepared with veal, pork, and beef	45.00	85.00

Chicken and Veal

Boneless Chicken ~ Half Tray ~ \$48.00 Full Tray ~ \$92.00
Bone-In Chicken ~ Half Tray ~ \$42.00 Full Tray ~ \$80.00
Veal ~ Half Tray ~ \$75.00 Full Tray ~ \$145.00

Balsamico - baked in balsamic vinegar with mushrooms
Cacciatore - olives, tomatoes, onions, mushrooms & carrots
Carpinello - asparagus, prosciutto, melted fontina & scampi sauce
Cordon Bleu - stuffed with ham & Swiss in a veloute cream sauce
Murphy - hot & sweet peppers, sausage & potatoes, light wine sauce
Francese - lemon, wine & butter sauce
Italian Cordon Bleu - stuffed with prosciutto & provolone in marinara sauce
Marsala - fresh mushrooms & onions in a Marsala wine sauce
Murphy - hot & sweet peppers & potatoes in a sherry demi-glaze
Parmigiana - mozzarella in a marinara sauce
Piccata - capers, lemon & butter
Rossini - layered with prosciutto & mozzarella in a light tomato wine sauce
Saltimbocca - layered with prosciutto, spinach & mozzarella in a sherry demi-glaze
Scampi - fresh garlic, wine & butter sauce
Sorrentino - layered with prosciutto, eggplant, mushrooms & mozzarella
Valdostano - stuffed with prosciutto & mozzarella in a Marsala wine sauce
 Pizziola – capers, onions, peppers in a light tomato broth
 Stromboli style – rolled with ham, geneoa salami and provolone

Meats

Homemade Meatballs	Small ~ \$1.00 Medium ~ \$1.50 Large ~ \$2.00
Sausage & Peppers	Half Tray ~ \$47.00 Full Tray ~ \$84.00
in red sauce or pan juices	
Sausage di Giambotta	Half Tray ~ \$47.00 Full Tray ~ \$84.00
mixed hot & sweet sausage with hot & sweet peppers & potatoes in a white wine sauce.	
<i>(Chicken sausage available upon request.)</i>	

Filet Mignon	Market price
Served whole grilled, sliced with horse radish sauce, sliced au jus (meat will continue to cook if heated)	
Pork Loin	Market price
Served whole grilled or stuffed with asparagus, roasted peppers and provolone cheese	

Seafood

Flounder Francese, Almondine, Oreganata	\$7.99/lb
Stuffed Flounder (crab meat)	\$9.99/lb
Shrimp or scallops scampi	Market
Seafood salad	\$14.99/lb
Fresh catch	Market

Vegetables

	Half Tray	Full Tray
Grilled vegetables	37.00	69.00
Broccoli with Garlic & Oil	27.00	48.00
Broccoli Rabe with sauteed garlic	42.00	79.00
Eggplant Parmigiana (Full Shallow)	42.00	53.00
Eggplant Rollantine	45.00	85.00
Escarole and White Beans with garlic and oil	32.00	58.00
Red Bliss Potato Salad	3.89/lb	
Rice Balls	4.95 per piece	
Roasted Potatoes and Onions	32.00	53.00
Garlic Mashed Potatoes	32.00	58.00
Risotto- assorted vegetables	32.00	58.00
Steamed Vegetables	32.00	58.00
String Beans Almondine or Pomodoro Style	37.00	63.00
Stuffed Artichokes	7.95 per piece	

***La Tuscany Italia* is under friendly reign our goal is to address our customers with 100% satisfaction every time you enter our store**