

“Egg”citing Breakfast Sandwiches

All of our Breakfast Sandwiches are made w/two fresh Xlarge Eggs
Freshly Scrambled or Fried Eggs Your Choice of Wheat or White
Kaiser Roll, 12 Grain, Rye, Bagel, “Try it on a delicious wrap,
or our new low carb wrap” \$2.75

Compliment your Sandwich with:

**Virginia Ham, Bacon, Taylor Ham, Sausage
or Turkey Sausage \$4.50**
Add your Choice of Cheese \$4.95

Platters

All of our Breakfast Platters or Omelets come with
our Red Skin Grilled Potatoes
Your Choice of Toast

**2 Fresh Eggs Scrambled or Fried
\$3.75**

Compliment your Platter with:
**Virginia Ham, Bacon, Sausage
Taylor or Turkey Sausage \$5.50**



Fluffy Omelets

Create your own Omelet

Made with three fresh Xlarge eggs

Choose (3) from Tomato, Onions, Roasted Peppers,
Meat, Spinach, Olives, Sundried Tomatoes,
Mushrooms, Any Assorted Cheeses \$5.75

**Ask about Egg White Omelets
and Sandwiches
add \$0.50**

Alan's on the Avenue Special French Toast \$5.95

Assorted Bagels \$0.95
with Butter \$1.75
with cream cheese \$2.50
Butter Roll \$1.75
Italian \$1.95



Colombian Brewer Coffee

Sm: 10 oz. \$1.55 Med: 12 oz. \$1.75 Lrg: 16 oz. \$1.95

Flavored Coffees

Sm: 10 oz. \$1.55 Med: 12 oz. \$1.75 Lrg: 16 oz. \$1.95

Hot Chocolate

12 oz. \$1.55 16 oz. \$1.95

Assorted Teas

Sm: 10 oz. \$1.55

Med: 12 oz. \$1.75

Lrg: 16 oz. \$1.95



Famous Avenues of Montclair I

Your Choice: Marble, Rye or Kaiser Roll
For a heartier appetite on Italian Roll add \$1.00*

North Fullerton ~ \$7.25

Roasted Turkey, Jarlsberg, Roasted Peppers

***South Fullerton ~ \$7.50**

Pastrami, Corned Beef, Finlandia Swiss, Coleslaw, Russian Dressing

Church Street ~ \$6.50

Virginia Ham, Creamy Havarti Cheese, Honey Mustard Dressing

***Bloomfield Avenue ~ \$7.50**

Prosciutto, Fresh Mozzarella, Roasted Peppers

***Park Street ~ \$7.50**

Roasted Turkey, Fresh Mozzarella, Roasted Peppers

Midland Avenue ~ \$7.50

Smoked Turkey, Black Forest Ham, Finlandia Swiss,
Russian Dressing, Coleslaw

Montclair Avenue ~ \$7.50

Black Forest Ham, Imported Swiss, Coleslaw

***Prospect Avenue ~ \$7.50**

Prosciutto, Black Forest Ham, Roasted Peppers, Fresh Mozzarella

Norwood Avenue ~ \$7.50

Smoked Turkey, Black Forest Ham, Creamy Muenster

North Mountain Avenue ~ \$6.75

Honey Turkey, Roast Beef, NY Cheddar

South Mountain Avenue ~ \$6.75

Roast Beef, Smoked Turkey, NY Cheddar

***Alan's Avenue II ~ \$7.50**

Smoked Turkey, Roast Beef, Black Forest Ham, Fresh Mozzarella,
Sundried Tomatoes

Glenridge Avenue ~ \$6.50

Roast Beef, Havarti, Creamy Horseradish

Claremont Avenue ~ \$6.50

Roasted Turkey, Muenster Cheese, Dijon Honey Mayonnaise

North Willow ~ \$6.50

Chicken Salad Club, Finlandia Swiss

Grove Street ~ \$6.95

Smoked Turkey, Black Forest Club

***Watchung Avenue ~ \$7.50**

Pastrami, Roasted Turkey, Jarlsberg, Russian Dressing, Coleslaw

***Alan's Avenue ~ \$7.50**

Roast Beef, Roasted Turkey, Black Forest Ham, Fresh Mozzarella,
Roasted Peppers

The Crescent ~ \$6.50

Triple Decker, Roasted Turkey, Genoa Salami, Sharp Cheddar,
Dijon Honey Mayonnaise

Walnut Street ~ \$6.50

Egg Salad, Black Forest Ham, Finlandia Swiss

“Compliment our Famous Avenues with Our Store Made Dressings”

Alan's Famous Clubs ~ Only \$6.95

(Choose from Our Selections)

Made with 3 Slices of White Toast, Crispy Bacon, Leaf Lettuce,
Mayonnaise and Tomato

•Oven Roasted Turkey Breast •Smoked Turkey
•Honey Smoked Turkey •Store Made Roast Beef
•Tuna •Chicken •Egg Salad •Baked Virginia Ham

Salad Platters

All Fresh Greens, Tomatoes, Cucumber,
Olives, Cheese,
Toasted Seasoned Croutons

Tossed Fresh Greens ~ \$5.50

Marinated Grilled Chicken ~ \$7.50

Tuna Salad ~ \$7.50

Seafood Salad ~ \$7.50

Chicken Salad ~ \$7.50

Mixed Salad ~ \$8.50

Chef's Salad ~ \$7.50



Antipasto ~ \$7.95

Assorted Meats, Fresh Mozzarella, Roasted Red Peppers,
Tricolor Pasta, Toasted Seasoned Croutons



Super Heros

All Heros Include Shredded Lettuce,
Tomatoes, Onions, Oil and Vinegar

	Half	Whole
1. Ham, Salami, Provolone	\$5.95	\$11.25
2. Cappicola, Salami, Provolone	\$5.95	\$11.25
3. Pepperoni, Salami, Provolone	\$5.95	\$11.25
4. Roast Beef	\$5.95	\$11.50
5. Turkey Breast	\$5.95	\$11.50
6. Alan's Avenue Special	\$6.50	\$12.50
7. Tuna Salad	\$6.50	\$12.50
8. Cappicola, Salami, Prosciutto, Provolone	\$6.50	\$12.50
9. American, Swiss, Provolone	\$5.50	\$11.25
10. Vegetarian	\$6.50	\$12.50

Fresh Mutts, Roasted Peppers, Sundried Tomatoes, Black Olives

Alan's Famous Sloppy Joes ~ \$7.95 ea.

Choose from your favorite Joe Served on 3 slices of Marble Rye,
Freshly Sliced Meats, Swiss Cheese,
House Made Russian Dressing and Good Creamy Slaw

•Just Your Average Joe “Everyone Knows One”
Sliced Ham and Oven Roasted Turkey

•Smokin' Joe Frazier “Heavy Weight Champion”
Smoked Turkey Breast and Black Forest Ham

•Joe Namath “This is a Guaranteed Winner”
Pastrami and Corned Beef

•Joe Pece “Forget about it!?!?”
Pastrami and Roasted Turkey

•Joe Bispo “My Famous Dad”
Honey Roasted Ham and Smoked Turkey Breast

•Joe Lewis “What a Knockout!!!”
Sliced Ham, Roast Beef & Smoked Turkey Breast

•Joe Montana Perfect Spiral
Black Forest Ham, Roast Beef & Roasted Turkey Breast

•Joe Piscopo “You Wouldn't Stop Laughing Would You?”
Pastrami & Smoked Turkey Breast

•Joe DiMaggio “Yankee Clipper, Known for Being a
Winner!!!”
Cappicola & Genoa Salami

Sandwiches from Our Carving Board

Store Made Roast Beef \$5.95
Oven Roasted Turkey \$5.95
Smoked Turkey \$5.95
Honey Smoked Turkey \$5.95
Store Baked Virginia Ham \$5.95
Hot Pastrami Piled High \$7.95
Hot Corn Beef Piled High \$7.95
Delicious Sloppy Joes \$7.95
Good Club Sandwiches \$6.95
Bacon, Lettuce & Tomato \$5.95

Store Made Salad Sandwiches

Tuna Salad, Egg Salad ~ \$5.95
Chicken Salad, Seafood Salad ~ \$6.50
Leaf Lettuce & Tomato ~ \$0.40 Bacon ~ \$1.00
Sundried Tomatoes ~ \$1.00
Fresh Mutts ~ \$1.00
Choice of Marble Rye, Kaiser Rolls,
12 Grain, White or Wheat
For Heartier Appetite on French Bread,
Extra Meat ~ add \$1.50



Alan's Store Made Salads by “lbs” Red Garlic Dill Potato Salad

Great Slaw
Good Old Mac Salad
Tricolor Pasta
Seafood, Chicken
Tuna, Egg, Beets
Three Bean, Marinated Mushrooms
Fresh Meats, Sundried Tomato
Roasted Red Peppers
Fresh Mutts

Ask About Alan's Great Pesto Salads

•Basil
•Spinach
•Red Pepper
•Sundried Tomato

•Hot Entrees
•Homemade Soups

Look for our Daily Specials

Having a Party? Call Alan!

Assorted Finger Sandwich Platters

All Finger Sandwiches are Served on a Garnished Platter with Freshly Cut Assorted Meats & Cheeses Served on Marble Rye & Include 2 House Made Salads, Utensils & Condiments
\$6.95 per person

Sloppy Joe Platters

Assorted Joes Served on 3 Slices of Marble Rye, Freshly Sliced Meats, Swiss Cheese, House Made Russian Dressing, Creamy Slaw and 2 House Made Salads, Utensils & Condiments
\$7.95 per person

3-6 Foot Party Sandwiches

"Includes 2 House Made Salads & Condiments"

Ham, Salami, Pepperoni, Provolone, Shredded Lettuce, Tomato, Red Onion, Italian Seasonings
\$18.95 per foot

- Grilled Assorted Vegetables with Fresh Mozzarella & Honey Mustard
- Oven Roasted Turkey with Stove Top Stuffing & Cranberry Mayo
- Roast Beef, Turkey with Russian Dressing & Creamy Slaw
- Prosciutto, Cappicola, Fresh Mutts & Red Roasted Peppers
\$19.95 per foot

All Sandwiches are served on Crusty Italian Bread, Sliced & Ready to Eat

Continental Breakfast

Assorted Bagels, Muffins, Danish & Rolls, Butter, Jellies, Cream Cheese

Assorted Herbal Teas, Colombian Brewed Coffee with Set-Up of Milk, Half & Half, and all Sugars. Assorted Juices Available for an Additional Charge
\$6.95 each

Hot Buffet

"Create Your Lunch or Dinner by Choosing from the Following House Made Entrees"

- Stuffed Shells
- Stuffed Manicotti
- Eggplant Parmigiana
- Meatballs
- Vegetable Platter
- Lasagna "choose from"
Vegetable, Meat, 3 Cheese or Sausage
- Eggplant Rollets - rolled with Mozzarella & Ricotta Cheese
- Sausage with Mixed Bell Peppers & Onions
- Oven Roasted Roast Beef with Mushroom Gravy
- Oven Roasted Turkey Breast with Mushroom Wine Gravy
- Meatloaf Stuffed with Spinach & Cheese
- Cavatelli & Broccoli
- Penne with Vodka Sauce, Peas & Prosciutto
- Alan's Chicken Savoy
- Chicken Cacciatore with Red Gravy, Mushrooms, Peppers & White Wine

\$13.95 per person

All Hot Buffets Include Freshly Baked Breads, Your Choice of Caesar Salad or Tossed Salad

Combination Buffet

Other Available Items Include:

- Cheese Boards
- Coffee Set-Up
- Fruit Platters
- Soda
- Ice
- Deserts & Cakes
- Store Made Rice Pudding
- David's Cookies or Brownies
- Platters

\$16.95 per person

"Any rental equipment requires a deposit."

All Entrees & Salads are Available Ala Carte. Inquire about the Prices.

All Cooking is Done on Premises Using the Finest Ingredients Possible.

Having a party?

Please be sure to call owner, Alan Bispo for all of your catering needs. Located in the heart of Montclair for 18 years, Alan is one of the most popular caterers in town. All the cooking is done on the premises using only the finest ingredients.

In a warm coffee setting, begin your day with an "Egg" citing breakfast sandwich or a Hot "Real" Pastrami Sandwich.

The Famous Avenues of Montclair are available everyday for lunch. Choose from a wonderful selection of overstuffed sandwiches including THE SOUTH FULLERTON made with Pastrami, Corned Beef, and Finlandia Swiss with Coleslaw and Russian Dressing. THE CLAREMONT is Roasted Turkey and Muenster Cheese with Dijon Honey Mayonnaise, or the favorite ALAN'S AVENUE with Roast Beef, Roasted Turkey, Black Forest Ham, Fresh Mozzarella and Roasted Peppers.

Alan offers a menu of specials everyday for lunch.

Recent selections included the always popular Thanksgiving Sandwich with Roasted Turkey on Marble Rye with Herb Stuffing and Cranberry Mayo, or Grilled Chicken on French Bread with Lettuce & Tomato, served either with Creamy Horseradish Dressing or Roasted Red Pepper Mayo.

Create your own Cold or Hot buffet.

Freshly sliced cheeses and cold cuts are served with your choice of house made salads including a Penne Pasta with broccoli and peppers, Tricolor Pasta Salad or Fresh Mozzarella with Tomato and Basil. The Hot buffet offers a wonderful selection of Alan's "Comfort Food" including oven Roasted Turkey of Roast Beef and numerous Pasta Dishes. The Meatloaf is better than Mom Made, stuffed with spinach and cheese and served with Wine Sauce Salad. Freshly baked breads are included and delivery is always free.

If you haven't met Alan, stop in and introduce yourself.

If it is your Birthday, prove it and lunch is on Alan.

Store Hours

Monday to Friday 8:00 am - 5:00 pm
Saturday 8:00 am - 5:00 pm



ALAN'S AVENUE

Gourmet Delicatessen

"Catering Available for All Sizes"



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"Check out our website for daily specials"