La Tuscany Italia Market and Gourmet Catering 705 Main St. Belmar, NJ 07719 Phone: 732-681-6611 Fax: 732-681-6608

#### APPETIZERS

Coconut chicken strips (5) with Raspberry Melba sauce \$5.95 Coconut shrimp (4) with Raspberry Melba sauce \$7.95 Fried Ravioli (4) with Marinara sauce \$5.25 Sausage stuffed mushrooms (4) \$7.99 Crab stuffed mushrooms (4) \$8.99 Sicilian rice balls \$7.99 per lb

#### SANDWICHES AND WRAPS

La Tuscany Italia sandwiches, spectacular wraps, and subs are custom made to order using the finest cold cuts and store cooked meats including fresh turkey breast and roast beef. We use fresh baked Brooklyn St Joseph's bread and rolls.

Tuscany Sandwich \$9.30/\$7.50 Chicken Cutlet, Broccoli Rabe, Roasted Pepper, Bruchetta, and Fresh Mozzarella Grilled Chicken \$9.30/\$7.50 Grilled Chicken, Fresh Mozzarella, Bruchetta, and Roasted Pepper Grilled Vegetables \$9.30/\$7.50 Eggplant, Zucchini, Squash, Roasted Peppers, and Portabella Mushrooms Sicilian Turkey Club \$9.30/\$7.50 Fresh Turkey Breast with Pancetta (Italian bacon) lettuce tomato and mayo Roast Beef Melt \$9.30/\$7.50 Store Cooked Roast Beef with Swiss Cheese and Horse Radish Mayo Cajun Roast Beef with Cheddar Cheese \$9.30/\$7.50 Salsalito Turkey with Munster Cheese \$9.30/\$7.50

### **CLASSIC SANDWICHES**

All cold sandwiches include lettuce, Tomato, onion and spices

| Chicken Parmigiana \$9.30/\$7.50   | Ham, Cappicola, Genoa Salami, & Provolone \$9.30/\$7.50 |
|------------------------------------|---|
| Eggplant Parmigiana \$9.30/\$7.50  | Turkey \$9.30/\$7.50                                    |
| Meat Ball Parmigiana \$9.30/\$7.50 | Proscutto and Fresh Roasted Peppers \$10.80/\$8.50      |
| Sausage and Peppers \$9.30/\$7.50  | Tuna or Chicken Salad \$9.30/\$7.50                     |

Extras: fresh mozzarella, Sundried Tomatoes \$1.50 Roasted peppers, Bruschetta, Broccoli Rape, \$1.00

Daily Dinner Specials Choose from our Selection of 20 Authentic Home Made Italian Dishes Daily FULL LINE OF FINE ITALIAN IMPORTED AND DOMESTIC PROVISIONS

# **FREE DELIVERY**

## HOT PANINI ON FOCCIA BREAD

# **MILANO \$9.50**

Roasted Eggplant, Roasted Peppers, Provolone, & Pesto Sauce

# **ROMA \$9.50**

Tomato, Fresh Mozzarella, & Pesto Sauce

## POLO \$9.50

Grilled Chicken, Roasted Peppers, Mozzarella, & Pesto Sauce

TUSCANY \$9.50

Ham, Fresh Mozzarella, Olive Oil, Sundried Tomatoes & Basil

ATLANTIC \$9.50

White Tuna Salad, Swiss Cheese, Pickles and Tomatoes