

Welcome to

Goodman's Deli

AND FAMILY RESTAURANT

You've tried the rest... Now taste the best!

*Formerly in Elizabeth
Since 1943*

You are Always Welcome to Bring Your Own Bottle

400 SPRINGFIELD AVENUE

BERKELEY HEIGHTS, NJ

TEL: (908) 898-0900

FAX: (908) 898-0905

www.goodmansdeli.net

Tuesday - Saturday 8:00 AM - 8:00 PM

Sunday 8:00 AM - 5:00 PM

Monday 8:00 AM - 3:00 PM



TASTY SANDWICHES

MEAT

PASTRAMI	8.25
TURKEY BREAST	8.25
CORNERED BEEF	8.25
BRISKET of BEEF (Pot Roast)	8.25
ROAST BEEF	7.95
BEEFTONGUE	8.95
BAKED HAM	6.25
BOILED HAM	5.95
VIRGINIA HAM & SWISS ...	6.95
HAM & SWISS CHEESE	6.75
TAYLOR HAM	5.25
LIVERWURST	5.25
SALAMI or HARD SALAMI	5.25
BOLOGNA	5.25
BACON, LETTUCE & TOMATO	5.25
CHICKEN CUTLET	6.95

SALAD

CHOPPED LIVER	5.75
CHICKEN SALAD	5.95
with Crisp Bacon	6.95
TUNAFISH SALAD	6.25
EGG SALAD	4.95
with Crisp Bacon	5.95
SHRIMP SALAD	8.95

PARMIGIANA SANDWICHES

ON AN ITALIAN ROLL,
SERVED WITH FRENCH FRIES & PICKLE

BREAST OF CHICKEN PARMIGIANA \$8.45
EGGPLANT PARMIGIANA \$6.95

TRIPLE DECKERS

ALA GOODMAN'S

WITH COLE SLAW & RUSSIAN DRESSING

Please Order By Number

Your
Choice
\$9.35

1. SALAMI & SWISS CHEESE
2. TURKEY, CORNERED BEEF & ROAST BEEF
3. CORNERED BEEF, ROAST BEEF & SWISS CHEESE
4. CORNERED BEEF, PASTRAMI & SALAMI
5. CHICKEN SALAD *Lettuce, Tomato & Bacon*
6. TURKEY, PASTRAMI & ROAST BEEF
7. TURKEY, CORNERED BEEF & SWISS CHEESE
8. TURKEY, ROAST BEEF & SWISS CHEESE
9. TURKEY & CORNERED BEEF
10. TURKEY, CORNERED BEEF, PASTRAMI & SWISS CHEESE
11. TURKEY CLUB *with Bacon, Lettuce & Tomato*
12. TUNAFISH SALAD *with Sliced Egg, Lettuce & Tomato*



CHEESE

ANY CHEESE (Choice)	3.95
GRILLED CHEESE	3.95
with Crisp Bacon	5.25
with Tunafish Salad	6.95
CREAM CHEESE & OLIVES ...	4.75

FISH

SARDINES (Imported)	5.95
with Swiss	6.50

SANDWICH EXTRAS:

WITH TOMATO OR COLE SLAW .50¢ EXTRA
WITH ANY CHEESE \$1.00 EXTRA

CORNERED BEEF

or PASTRAMI REUBEN
\$9.45



PITA SANDWICHES

WITH LETTUCE & TOMATO, SERVED WITH FRENCH FRIES
OR POTATO SALAD OR COLE SLAW & PICKLE

STUFFED WITH:

Tuna Salad	7.25
Chicken Salad	7.25
Roast Beef or Turkey	8.75
Grilled Chicken	7.95



PHILLY CHEESE STEAK SANDWICH

On Italian Bread
with Fried Onions
& Melted American Cheese, served
with French Fries & Pickle
\$7.95

FRIED FILET OF SOLE SANDWICH

On Rye Bread with Lettuce, Tomato
& Tartar Sauce, served
with French Fries & Pickle
\$7.95



TUNA MELT SANDWICH

Scoop of Tunafish Salad with Grilled
Tomato & Melted American Cheese
on Grilled Rye served
with French Fries
\$7.95

"HERE AT GOODMAN'S,
WE CURE OUR OWN CORNERED BEEF & PASTRAMI AND WE THINK YOU'LL AGREE WHEN YOU TASTE THEM. . .
THERE'S NO FINER ANYWHERE"

1/2 LB SUPER BURGERS

DELUXE INCLUDES: FRENCH FRIES, LETTUCE & TOMATO

	REG	DLX
JUMBO BURGER	4.25	5.45
CHEESEBURGER	5.25	5.95
(Choice of American, Swiss, Cheddar or Provolone)		
BACON BURGER	5.95	6.95
BACON CHEESEBURGER	6.25	7.25
PIZZA BURGER	5.35	6.35
with Mozzarella Cheese & Tomato Sauce		
CALIFORNIA BURGER	5.25	6.25
with Lettuce, Tomato, Onion & Mayonnaise		
COUNTRY BURGER	6.95	7.95
with Portobello Mushrooms, Melted Swiss Cheese, Fried Onions, Worcestershire Sauce & Balsamic Mayonnaise		
VEGGIE BURGER	3.95	4.95
TURKEY BURGER	4.25	5.25



GRILLED CHICKEN BREAST SANDWICHES

SERVED WITH FRENCH FRIES OR POTATO SALAD OR COLE SLAW & PICKLE • PLEASE ORDER BY NUMBER

1. CHICKEN BREAST with Lettuce & Tomato ... 7.25

with Choice of Cheese 8.25

2. CHICKEN CORDON BLEU

with Ham & Swiss Cheese 7.95

3. CHICKEN B.L.T. 7.95

4. CHICKEN PHILLY with Sautéed Mushrooms,

Peppers, Onions & Melted American Cheese 7.95
5. CHICKEN KANSAS CITY with BBQ Sauce,

Bacon Strips & Melted American Cheese 7.95

6. CHICKEN ALA ROMA Marinated in Garlic

& Olive Oil, topped with Sliced Tomato

& Mozzarella Cheese 7.95

JUMBO "COMBOS"

WITH COLE SLAW & RUSSIAN DRESSING
PLEASE ORDER BY NUMBER

1. CHOPPED LIVER & PASTRAMI
2. CHOPPED LIVER & CORNED BEEF
3. PASTRAMI & TURKEY
4. TURKEY & BAKED HAM
5. CORNED BEEF & PASTRAMI
6. PASTRAMI & SWISS
7. CORNED BEEF & SWISS
8. TURKEY & CORNED BEEF
9. TURKEY & CHOPPED LIVER
10. TURKEY & FRESH BRISKET

Your
Choice
\$9.25



(Go Giants Go)
GIANT HOT DOG \$2.95

DELI FAVORITES

SERVED WITH POTATO & VEGETABLE

- BONELESS CHICKEN CUTLET 9.95
- ROAST BEEF 10.95
- BRISKET of BEEF (Pot Roast) 11.95
- KNOCKWURST "SPECIALS" & BEANS
- (Grilled or Boiled) & Baked Beans 8.50
- FRANKS & BEANS (Grilled or Boiled)
- & Baked Beans 8.25



TUSCANY CHICKEN WRAP

Grilled Chicken, Fresh Mozzarella,
Roasted Peppers & Balsamic Dressing

CHICKEN CHEDDAR MELT WRAP

Grilled Chicken Tenderloins,
Melted Cheddar Cheese,
Grilled Onions, Crisp Lettuce,
Mayonnaise & Dijon Mustard

WRAPS

SERVED WITH FRENCH FRIES & PICKLE

EGGPLANT WRAP

Breaded Eggplant, Red Roasted Peppers,
Red Onions, Lettuce & Tomato,
Provolone Cheese & Basil Spread

CHICKEN CORDON BLEU WRAP

Grilled Chicken Tenderloins,
Thinly Sliced Deli-Style Ham,
Melted Swiss Cheese
& Dijon Mustard

Your
Choice
\$8.25

CHICKEN CAESAR SALAD WRAP

Grilled Chicken Breast
with Crisp Romaine Lettuce,
Tomato & Thinly Sliced Onions
tossed in Caesar Dressing

ATHENIAN WRAP

Greek Salad with Sliced Grilled Chicken

SIDE ORDERS

ONION RINGS	4.25	MACARONI SALAD 2.50	PICKLED TOMATOES
FRENCH FRIES	3.00	SWEET RED PEPPERS ... 2.50	or DILL 2.50
MASHED POTATOES 2.50		HOT VEGETABLE 2.50	BAKED BEANS 2.50
POTATO SALAD 2.50		COLE SLAW 2.50	





APPETIZERS & FINGER FOODS



CHOPPED LIVER	5.95
ONION RINGS	4.25
FRENCH FRIES	3.00
with Cheese	3.95
with Gravy	3.25
with Gravy & Cheese	4.25
MOZZARELLA STICKS	5.95
served with Marinara Sauce	
JUMBO CHICKEN FINGERS	6.25
served with Honey Mustard	
with French Fries	6.95
BUFFALO WINGS	5.95
served with Bleu Cheese Dressing	
FRIED CALAMARI	7.95
served with Marinara Sauce	
GOODMAN'S FAVORITES	8.50
Onion Rings, Mozzarella Sticks, Jumbo Chicken Fingers, Buffalo Winger Appetizer	



HOMEMADE SOUPS

**CHICKEN ORZO
SPLIT PEA**

**MATZO BALL
SOUP DU JOUR**

**2.50 Bowl
SERVED WITH CRACKERS**

FRESH GARDEN SALADS

**TOP OFF YOUR SALAD WITH:
Sliced Grilled Chicken \$2.50 Extra**

SPINACH SALAD BRAVO 7.25
*Fresh Baby Spinach, Crisp Bacon Pieces,
Chopped Walnuts, Mandarin Oranges, Red Onions
& Poppy Seed Dressing*

CHEF'S SALAD 9.00
*Roast Beef, Turkey, Ham & Swiss
on a Bed of Mixed Greens with Tomato
& Cucumber and your Choice of Dressing*

GREEK SALAD 8.75
*Mixed Greens with Feta Cheese, Cucumbers, Tomato,
Calamata Olives & Our Special Greek Dressing*

CAESAR SALAD 7.25
*Crisp Romaine Lettuce mixed with Homemade Caesar
Dressing, Parmesan Cheese & Seasoned Croutons*

SALAD PLATTERS

**SERVED ON A BED OF LETTUCE WITH POTATO SALAD,
COLE SLAW, TOMATOES & A HARD BOILED EGG**

CHICKEN SALAD	8.25
SHRIMP SALAD	9.95
TUNAFISH SALAD	8.25
EGG SALAD	7.50
TUNA or SARDINES (Ind. Can)	7.95
CHOPPED LIVER	7.95
GRILLED CHICKEN BREAST PLATTER	9.95
NOVA SCOTIA SALMON (Lox)	11.95



WAIST WATCHERS

Refreshingly Nutritious

SLICED TURKEY 8.50
with Lettuce with Tomato & Cottage Cheese

STUFFED TOMATO 7.25
with Tuna or Chicken Salad with Hard Boiled Egg

DIET BURGER 6.25
served with Lettuce, Tomato & Cottage Cheese

INDIVIDUAL UNMIXED TUNA 6.95
served on Crisp Lettuce with Tomato & Sliced Egg

GRILLED MARINATED CHICKEN BREAST .. 7.95
with Side of Crisp Lettuce with Tomato

TURKEY BURGER 6.55
On Crisp Lettuce with Tomato & Cottage Cheese



You are Always Welcome to Bring Your Own Bottle

**"YUMMY" GRILLED BREAST
OF CHICKEN PLATTER**
served with Potato & Vegetable
\$9.95



VIRGINIA HAM STEAK
Thick & Juicy with Honey Sauce
served with Potato & Vegetable
\$9.75

**HOT OPEN
SANDWICHES**
SERVED WITH GRAVY & POTATO

- ROAST BEEF 9.95
- ROAST TURKEY 10.95
- BRISKET of BEEF (Pot Roast) 10.95
- CORNED BEEF 10.25
- PASTRAMI 10.25
- CAROL'S MEATLOAF 9.95

HONEY DIPPED FRIED CHICKEN
Served with French Fries & Cole Slaw
\$8.75



GOODMAN'S BEST OF THE BEST
1 lb. Char-Broiled NY Sirloin Steak & Fried Shrimp,
served with French Fries, Salad & Garlic Bread
\$19.95

**SEAFOOD
TREASURES**
SERVED WITH FRENCH FRIES & COLE SLAW

- BROILED FILET of SOLE 11.95
- FRIED FILET of SOLE 10.95
- FRIED SHRIMP 12.95 • Parmigiana 13.95

SHRIMP SCAMPI
served with Spaghetti
\$11.95

CHICKEN PARMIGIANA
served with Spaghetti
\$9.95

EGGPLANT PARMIGIANA
served with Spaghetti
\$8.95



**CHAR-BROILED
STEAKS**

- CHAR-BROILED NY SIRLOIN STEAK 1lb. .. 13.95
Served with French Fries, Onion Rings, Lettuce & Tomato
- CHOPPED SIRLOIN STEAK 1lb.
with Fried Onions, Potato & Vegetable 10.95

**GOODMAN'S BEST
OPEN SLICED STEAK**
Served on Garlic Bread with French Fries,
Onion Rings, Lettuce & Tomato
\$11.95



DESSERTS

- CREAMY CHEESECAKE 3.50
- CAKE or PASTRY OF THE DAY 2.50
- RICE PUDDING 2.50
- JELLO 2.50

BEVERAGES

- HOT COFFEE or HOT TEA 1.50
- DECAFFEINATED COFFEE or TEA 1.50
- HOT CHOCOLATE 1.75
- MILK 2.00
- CHOCOLATE MILK 2.50
- ICED TEA or ICED COFFEE 1.95
- DR. BROWN'S SODA 1.50
- FOUNTAIN SODAS (16 oz) 1.95
- SPRING WATER 1.50



PHOTOS ARE FOR SUGGESTIONS ONLY • ACTUAL PLATTERS MAY APPEAR DIFFERENT.

JUICES & FRUITS

ASSORTED JUICES Sm. 1.50 • Lg. 2.95

EGG SANDWICHES

EGG Any Style 2.85
FRIED EGG with Cheese 3.50
 with Ham, Bacon or Taylor Ham 4.95
 and Cheese 5.25
WESTERN EGG 4.75
SALAMI & EGG 5.75

3 EGG OMELETTES

SERVED WITH POTATOES, TOAST & JELLY

GARDEN OMELETTE 6.75
 with Peppers, Onions, Tomatoes & Mushrooms
CHEESE OMELETTE 4.95
 Choice of: American, Swiss, Cheddar or Mozzarella
FETA CHEESE OMELETTE 5.95
MEAT LOVER'S OMELETTE 7.95
 Bacon, Ham, Sausage & Cheese
BACON or HAM OMELETTE 5.95
 with Cheese 6.95
SALAMI OMELETTE 7.95
PASTRAMI or CORNED BEEF OMELETTE .. 8.75
MUSHROOM OMELETTE 5.95
ONION or GREEN PEPPER OMELETTE 5.25
WESTERN OMELETTE 6.25
 with Cheese 7.25
SPANISH OMELETTE 5.95
BROCCOLI & SWISS CHEESE OMELETTE .. 6.25
SPINACH & FETA CHEESE OMELETTE 6.45
NOVA SCOTIA LOX & ONION OMELETTE . 9.95
EGG WHITE OMELETTE 7.75
 Green Peppers, Diced Tomato, Onions & Mushrooms

DAIRY DISHES

CHEESE BLINTZES (3) 6.95
 Served with Sour Cream or Applesauce
POTATO PANCAKES (3) 8.25
 Served with Sour Cream or Applesauce

TRADITIONAL FAVORITES

POTATO KNISH 2.85
RICE PUDDING 2.50
CREAM CHEESE with Nova Lox on
 Bagel, Lettuce, Tomato and Onions 9.95

EGGS

SERVED WITH POTATOES & TOAST

TWO EGGS Any Style 3.95
 with Ham, Bacon, Sausage or Taylor Ham ... 4.95
 with Canadian Bacon 5.95
SALAMI & EGGS 6.95
CORNED BEEF HASH & EGGS 7.25
VIRGINIA HAM STEAK & EGGS 8.50
STEAK & EGGS 9.95
LOX & EGGS 9.95



GRIDDLE SPECIALTIES

SERVED WITH CREAMERY BUTTER & SYRUP

PANCAKES

FRUITY PANCAKES \$5.75

Choice of Apple, Blueberry or Strawberry

GOLDEN BROWN PANCAKES \$4.25

CHOCOLATE CHIP PANCAKES \$5.25

SILVER DOLLAR PANCAKES (10) \$4.95

FRENCH TOAST

OUR HOMEMADE CHALLAH BREAD
DIPPED IN RICH EGG BATTER

FRENCH TOAST \$4.25

SHORT STACK

PLAIN FRENCH TOAST or PANCAKES \$3.75

FRUITY PANCAKES \$4.75



BELGIAN WAFFLES

BELGIAN WAFFLE \$4.75

with Powdered Sugar

GRIDDLE EXTRAS:

with One Egg .80¢ extra • with Two Eggs \$1.60 extra

with Ham, Bacon, Sausage or Taylor Ham \$2.50 extra • with Canadian Bacon \$2.95 extra

HOT OATMEAL
\$2.50

BAGELS

TOASTED BAGEL with Butter & Jelly 1.15
 with Cream Cheese & Jelly 2.35
 with Cream Cheese, Lox, Lettuce,
 Tomato & Onion 9.95
ENGLISH MUFFIN 1.20