

Trilogy Lunch

Heros

Chicken Parm	\$ 6.95	Steak & Cheese	\$ 7.95
Sausage Parm	6.95	Sausage, Peppers & Onions	6.95
Eggplant Parm	6.95	Chicken Francaise	6.95
Veal Parm	7.95	Chicken Marsala	6.95
Meatball Parm	6.95	Chicken Milanese	6.95

Pizza

All Pizza is available for Quick Lunch Delivery!

Calzones

Cheese Calzone	5.95	Ham, Meatball or Sausage	6.95
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Soups & Salads

Manhattan Clam Chowder	Soup of the Day	4.95
House Salad <i>fresh garden salad w/romaine & iceberg lettuces, tom., onions, cucumbers, black olives & roasted peppers</i>		5.95
Caesar Salad <i>fresh romaine lettuce & croutons tossed with caesar dressing & grated cheese</i>		5.95
<i>Add chicken 2.00 or Add shrimp 4.00</i>		
Chicken Salad <i>over fresh romaine& iceberg lettuces</i>		5.95
Shrimp Salad <i>over fresh romaine& iceberg lettuces</i>		6.95
Tuna Salad <i>over fresh romaine& iceberg lettuces</i>		5.95

Trilogy Wraps

Served W/ French Fries
(Whole Wheat Wraps Available)

Steak		9.95
Steak, onions, mushrooms, peppers, lettuce and chipotle mayo		
Chicken		8.95
Chicken breast sautéed in garlic & oil w/romaine & iceberg lettuce, tomatoes, onions, sun-dried tomatoes & garlic aioli		
Shrimp Scampi		9.95
Savory tiger shrimp with lettuce, tomatoes, onions & scallions in a white wine sauce		
Veggie		7.95
A mixed grilled of broccoli, spinach, tomatoes, onions, & roasted peppers w/fresh romaine & iceberg lettuces		
Chicken Caesar		7.95
Lettuce, grilled chicken, croutons & our own caesar dressing		
Chicken Salad		7.95
Roasted peppers, onions & celery		
Shrimp Salad		9.95
Onions, celery & roasted peppers		
Tuna Salad		7.95
Roasted peppers, onions & celery		
Grilled Chicken		8.95
Savory grilled chicken breast w/sundried-tomatoes, lettuce, tomatoes, onions & garlic aioli w/ romaine & iceberg lettuces		
Buffalo Chicken		8.95
Spicy hot chicken strips smothered in bleu cheese or ranch dressing w/fresh romaine & iceberg lettuces		

Burgers

8 Oz. Ground Sirloin

Trilogy Burger		6.95
Served on a sesame seed bun with your choice of french fries or onion rings		
English Burger		7.95
Served on an English Muffin topped with aged cheddar cheese w/ french fries or onion rings		
Western Burger		8.95
Topped w/melted jack cheese, BBQ sauce, bacon & fried onions w/ french fries or onion rings		
Buffalo Burger		7.95
Topped w/ buffalo HOT sauce & bleu cheese w/ french fries or onion rings		
Islander Burger		8.95
Topped w/ melted swiss, bacon, mushrooms & onions w/ french fries or onion rings		
BLT Burger		7.95
Topped w/ bacon, lettuce, tomato & mayo w/ french fries or onion rings		
Pizza Burger		7.95
Topped w/ marinara sauce & mozzarella cheese w/ french fries or onion rings		
Add American, Mozzarella, Monterey Jack, Swiss, Cheddar, Bacon, Mushrooms, Onions or Lettuce & Tomato for an additional .75 each		
Chicken Milanese Sandwich		6.95
breaded & fried w/lettuce, tomato & mayo on a roll served w/ french fries or onion rings		

OUR BEVERAGES INCLUDE:

PEPSI, DIET PEPSI, SIERRA MIST, MUG ROOT BEER, MOUNTAIN DEW,
UNSWEETENED ICE TEA, PINK LEMONADE & FRUIT PUNCH