



BOX LUNCH MENU

Troy Office Center 1259 Route 46 East Bld 4E
Parsippany, NJ 07054

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*Apple Spice Junction begins taking orders by 8 a.m. We will always do our best to accommodate your needs, but it is a good idea to call early if you have a preferred delivery time.
(Minimum order 3 lunches.)*



SUPERB SANDWICHES

Sandwiches prepared on fresh-baked bread as listed below, unless otherwise specified.

DELUXE BOX LUNCH

Served with pasta salad, potato salad, baby carrots with ranch dressing, frog eye salad, or potato chips, dill pickle, lettuce, tomato, a sweet treat and a mint. (Mustard and mayo on the side)

EXECUTIVE BOX LUNCH ADD \$2.00

Served with pasta salad, potato salad or frog eye salad, with fresh cut veggies and a scrumptious vegetable dip, bag of chips, cheesecake and an after lunch mint.

BLT

Lean bacon next to garden fresh tomatoes and crisp green leaf lettuce. Pile it in between fresh sourdough bread —You'll love it! **\$6.99**

BLT DELUXE

The incredible BLT made even better with swiss cheese, avocado and sprouts on honey wheat bread. **\$7.99**

PASTRAMI & SWISS

Sliced pastrami and swiss cheese on our famous 13-grain bread will give you that world-renowned deli taste. **\$7.99**

MARINATED GRILLED VEGETABLES

Seasonal vegetables, zucchini and yellow squash, roasted pepper, fennel, red onions and tomatoes on honey wheat roll or wrap, with pesto spread. **\$7.49**
Add fresh mozzarella—50¢

VEGETARIAN

Sliced mushrooms, tomatoes, cucumbers, avocado, green pepper and sprouts with provolone and cheddar cheese on our famous honey wheat bread. **\$7.99**

BREAST OF TURKEY

Oven roasted, tender white turkey breast piled high on our fresh baked honey wheat bread. **\$7.19**
Add cranberry sauce—25¢

TURKEY AVOCADO

Oven-roasted turkey breast, sliced avocado, sprouts and swiss cheese on our fresh baked honey wheat bread. **\$7.99**
Add cranberry sauce—25¢

GRILLED

CHICKEN BREAST

Grilled chicken breast with roasted peppers, crisp leaf lettuce and Balsamic vinaigrette on a honey wheat roll. **\$7.99**
Add fresh mozzarella—50¢

CLUB

Oven roasted turkey breast and Virginia baked ham topped with bacon, cheddar & provolone cheese on honey wheat bread. **\$7.69**
Add cranberry sauce—25¢

OFFICE FAVORITE

Roast beef, sliced turkey, ham and swiss cheese loaded up on our freshly baked 13-grain bread. **\$7.49**

ROAST BEEF DELUXE

Lean top round of beef, provolone and cheddar cheese piled high on our fresh baked 13-grain bread. **\$7.69**

CASHEW CHICKEN

Tender chicken breast blended with cashews and sweet celery, seasoned to perfection. Served on fresh baked sourdough bread. **\$7.49**

CURRY CHICKEN

A delightful blend of sweet and savory spices with a hint of mild curry mixed with fruit and tender chicken breast served on fresh baked sourdough bread. **\$7.49**

CHARLIE'S DREAM

The best fancy white albacore (dolphin-friendly, of course) with swiss cheese served on fresh baked sourdough bread. **\$6.99**

BAKED HAM

Sugar-cured Virginia baked ham and swiss cheese on sourdough bread. **\$6.99**

EGG SALAD

A great combination of egg salad, swiss cheese and sliced avocado on our fresh baked sourdough bread. **\$6.99**

KRAB LOUIE

A tasty seafood blend piled high on our sourdough bread next to provolone and cheddar cheese and crisp greenleaf lettuce. **\$6.99**

FOR THE LOCATION OF STORES IN OTHER AREAS, FRANCHISE OPPORTUNITIES, OR TO ORDER ONLINE, PLEASE VISIT OUR WEBSITE AT

• APPLESPICE.COM •

GARDEN FRESH SALADS

Served with fresh baked bread and your choice of Balsamic Vinaigrette, Caesar, Ranch, Lite Ranch, Italian, Bleu Cheese, Fat-free Raspberry Vinaigrette, Thousand Island, Sesame Ginger. Add a cookie for 50¢

CASHEW CHICKEN

Assorted greens mixed with fresh vegetables, topped with cashew chicken salad. **\$7.99**

CURRY CHICKEN SALAD

Assorted greens with fresh vegetables, topped with curry chicken salad. **\$7.99**

TOSSED GREEN

Crisp lettuce mixed with red cabbage, grated carrots and fresh vegetables. **\$5.99**

SLICED CHICKEN

A delicious combination of fresh, crisp salad greens, vegetables and chicken breast. **\$7.99**

CHEF SALAD

Julienne strips of turkey and ham, sliced egg, jack and cheddar cheese, tomatoes and cucumbers on crisp salad greens. **\$8.49**



FRUITED SALAD

A delicious fresh salad with a mix of fresh strawberries and blueberries, red and green grapes, sliced pears, candied walnuts and raisins over spring mix. **\$8.59**

CHICKEN CAESAR SALAD

Tender julienne strips of boneless chicken breast piled on top of fresh garden greens, grated Parmesan cheese, sliced egg and crisp Romaine lettuce. Served with our creamy Caesar dressing on the side. **\$7.99**

MANDARIN CHICKEN SALAD

Tender sliced chicken breast, mandarin oranges and slivered almonds on top of fresh salad greens. Served with sesame ginger dressing on the side. **\$8.49**

COBB SALAD

Chunks of chicken, bacon, olives, tomatoes, sliced egg, jack and cheddar cheese on top of salad greens. **\$8.49**

PEAR AND GOAT CHEESE

Fresh wedges of Barlett pears teamed with fresh goat cheese, walnuts and raisins over mixed greens. We recommend raspberry vinaigrette. **\$7.59**

APPLE WALNUT SALAD

Sliced apples, candied walnuts, crumbled bacon and mozzarella cheese on a crisp bed of salad greens. **\$7.99**

TACO SALAD

Crisp lettuce, fresh vegetables, jack and cheddar cheese, olives and avocado. Top it with our south of the border salsa, chili and sour cream on the side. **\$8.49**

TUNA SALAD

The finest, fresh white tuna makes this the catch of the day. **\$7.69**

CAESAR SALAD

Garden fresh tomatoes and cucumbers next to grated Parmesan cheese and sliced egg all piled up on a crisp bed of Romaine lettuce. Served with our creamy Caesar dressing on the side. **\$6.99**

SOUTHWESTERN CHICKEN SALAD

Crisp salad greens and vegetables topped with tender slices of chicken and drizzled with our special BBQ ranch dressing. Next we add corn, black beans, tortilla strips and cilantro to make this a taste sensation! **\$8.99**

LUNCH SPECIALS

SANDWICH SPECIAL ADD \$1.75

Your choice of any sandwich, substituting either soup or tossed green salad for the side dish.

SOUP & SALAD SPECIAL \$7.95

A cup of piping hot soup, next to a crisp tossed salad and fresh baked bread straight from our bakery. *Upgrade salad for \$1.00 • Make it chili for 75¢*

HALF SANDWICH COMBO \$7.35

Half sandwich of your choice with a cup of soup or a tossed green salad.

JUNCTION BAKERY

LOAF OF HOMEMADE BREADS \$2.50

Honey Wheat • 13-Grain • Sourdough

BROWNIES \$1.00 • COOKIES \$.75

RICE KRISPIE TREATS \$1.15

ICY BEVERAGES

BOTTLED DRINKS \$1.59 • BOTTLED WATER \$1.39

GREEN/WHITE/RED TEAS (Snapple) \$1.99

JUICES \$1.69 • ICED TEA (Snapple) \$1.79

CANNED SODA \$1.09

HOMEMADE SOUP

Served with our fresh-baked bread, or add a bread bowl for 75¢

NEW ENGLAND CLAM CHOWDER

HOME STYLE CHICKEN NOODLE

VEGETABLE

CHICKEN TORTILLA SOUP (served with sour cream & chips)

Ask for our additional Soup selections

CUP \$3.25 • BOWL \$4.75 • QUART \$7.95

AMY'S SPECIAL RECIPE CHILI

Served with two kinds of cheese and fresh baked bread

CUP \$3.95 • BOWL \$5.65 • QUART \$10.45

SIDES & EXTRAS

SALAD DRESSING \$.75

CHEESE \$.65

CHIPS \$.75

BREAD \$.50

AVOCADO \$.79

SALADS

(Pasta, Potato, Baby Carrots, Frog Eye)

CUP (8 oz) \$1.75

PINT (16 oz) \$2.95

QUART (32 oz) \$5.50

Due to market fluctuations all prices are subject to change.