

Amazon Salads

	SMALL	LARGE
Caesar romaine, parmesan cheese, croutons, caesar dressing	5.25	5.95
Chicken Caesar grilled chicken, romaine, parmesan cheese, croutons, caesar dressing	5.75	6.75
Tuna Caesar tuna salad, romaine, parmesan cheese, croutons, caesar dressing	5.75	6.75
Tuna Salad Platter tuna salad, mixed greens, tomato, cucumber, carrots, red onion, choice of dressing	5.75	6.75
Chicken Salad Platter chicken salad, mixed greens, tomato, cucumber, carrots, red onion, choice of dressing	5.75	6.75
Chef turkey, ham, roast beef, swiss cheese, provolone cheese, American cheese, mixed greens, tomato, red onion, cucumber, carrots, choice of dressing	5.75	6.95
Garden mixed greens, tomato, cucumber, carrots, red onion, choice of dressing	3.95	4.95

extra meat 2.00 each
extra cheese .75 each
extra veggie .39 each

Dressings: Balsamic vinaigrette, Caesar, low fat Caesar, French, fat free French, Honey Dijon, Italian, fat free Italian, Ranch, fat free Raspberry Vinaigrette, Thousand Island, Bleu Cheese, Oil & Vinegar

Amazon Soups

	SMALL	MEDIUM	LARGE	QUART	COMBO
Tomato Cheddar (V), Vegetable Barley (VLD), Chicken Noodle (LD), Seafood Gumbo (VLD), Italian Wedding (L), Vegetarian Chili (V), Chicken with Wild Rice Lentil (LD), Chicken Vegetable with Pastina (LD), Broccoli Cheddar & New England Clam Chowder	2.95	3.95	4.95	7.00	6.95

Combo includes small soup & choice of half
wrap, half sandwich or
garden salad or caesar salad.

V = Vegetarian
L = Low Fat
D = Dairy Free

Fresh Squeezed Juice

	REG	LARGE
Orange Juice	3.75	4.75
Carrot Juice	3.75	4.75
Apple Juice	3.75	4.75
Grapefruit Juice	3.75	4.75
Wheatgrass Juice	3.00 per ounce	

Beverages

	SMALL	REG	LARGE
Coffee/Tea	1.25	1.50	2.00
Iced Coffee	1.25	1.50	2.00
Fountain Drinks		1.50	2.00
Hot Chocolate	1.25	1.50	2.00

Breakfast

Old Fashioned Oatmeal (with raisins and brown sugar)	Small Large	2.50 3.75
Breakfast Wrap (egg, cheese and your choice of meat)		3.95
Egg Sandwich (cholesterol free egg available)		3.95
Egg & Cheese		3.95
Egg & Cheese + Meat turkey bacon, bacon, sausage or ham (sandwiches served on bagel, english muffin or wheat bread)		3.95
Bagel with Butter or Jelly		1.49
Bagel with Cream Cheese (regular, veggie & low fat)		2.49
Assorted Muffins		1.75 - 2.25

We Deliver
\$15 Minimum

Gift Cards Available
Ask about our Catering Menu

Fresh Squeezed Blends

	REG	LARGE
Doctors Choice apple & orange	3.75	4.75
Rise & Shine carrot & orange	3.75	4.75
Ginger Snap carrot, apple & ginger	3.75	4.75
The Amazon carrot & apple	3.75	4.75
King Kong orange & banana	3.75	4.75
Fred & Ginger apple, celery & ginger	3.75	4.75

Get Wild at Amazon!



All Natural. Real Good.

amazon juice
is packed with
vitamins,
minerals,
and other
nutrients.
Juice contains
95% of the
food value
of the fruit or
vegetable it
comes from.

Try Our

- Healthy Soups
- Gourmet Wraps
- Fresh Salads
- Delicious Coffee
- Hearty Sandwiches

**We are
Diet
Friendly**

7 North Willow Street
Montclair, NJ 07042
Tel: 973.655.1911
Fax: 973.655.1918

We Deliver

\$15 Minimum

Gift Cards Available

Ask about our Catering Menu !

www.amazoncafes.com

Prices Subject to Change Without Notice

www.amazoncafes.com

**Boost the benefit to
your body and mind
by adding a
"JUICE POWER BOOST"
to your Smoothie!**

Your first Juice Boost is FREE with
every smoothie!

Each additional
Juice Power Boost is .50¢

"IMMUNE" POWER BOOST

Echinacea, Siberian Ginseng, Vitamin C & E,
Bioflavonoids, Beta-Carotene, Selenium, Zinc,
(odorless) Garlic & Kelp

"PROTEIN" POWER BOOST

Vegetarian protein, Free-Form Amino Acids

"ENERGY" POWER BOOST

Panax & Siberian Ginseng, Bee Pollen,
Royal Jelly, Suma & Guarana

"NUTRIENT" POWER BOOST

Vitamin A, Vitamin C, Vitamin D, Vitamin E,
B1, B2, B3, B5, B6, B12, Biotin, Folic Acid,
Zinc, Calcium, Magnesium, Potassium, Iron,
Iodine, Sulphur, Manganese & Chromium

"RELAXATION" POWER BOOST

Kava Kava, Chamomile, Skullcap, Passion Flower,
Rose Hips, Ginger & Peppermint

"BODY-CLEANSING" POWER BOOST

Oat Bran, Rice Bran, Psyllium Husk, Digest
Enzymes & "Friendly Bacteria" (Acidophilus)

"FAT BURNER" POWER BOOST

Chromium Picolinate & Garcinia Cambogia

"TRIATHLETE" POWER BOOST

Bee Pollen, Wheat Germ, Oat Bran,
Vegetarian Protein, Brewers Yeast,
Lecithin & Creatine Monohydrate

"LADIES ONLY" POWER BOOST

Isolflavin (from soy), Dong Quai, & Vitamin E

"COLDBUSTER"

2500% MDR of Vitamin C

Smoothies

	16 oz.	24 oz.
*The Amazon Power Boost	4.25	5.25
16 oz. 229 cal/24 oz. 343 cal Powered by any 3 juice power boosts, orange juice, strawberries, raspberries, banana, nonfat Amazon sorbet and ice!		
The Coldbuster	4.25	5.25
16 oz. 247 cal/24 oz. 370 cal 2500% MDR of Vitamin C, orange juice, peaches, banana, raspberry sherbet, and ice!		
*Skinny Delight	4.25	5.25
16 oz. 186 cal/24 oz. 279 cal 40% less calories with watermelon juice, strawberries, banana, honey, ice and our "fat burner" juice power boost!		
Orange Outrageous	4.25	5.25
16 oz. 215 cal/24 oz. 323 cal Orange juice, strawberries, banana, nonfat frozen yogurt and ice!		
Orange Sensation	4.25	5.25
16 oz. 242 cal/24 oz. 363 cal Orange juice, blueberries, strawberries, pineapple sherbet and ice.		
Citrus Sunrise	4.25	5.25
16 oz. 254 cal/24 oz. 387 cal Orange juice, pineapple juice, banana, strawberries, orange sherbet and ice.		
Coffee Utopia	4.25	5.25
16 oz. 251 cal/24 oz. 376 cal Nonfat milk, nonfat frozen yogurt, coffee extract and ice!		
Chocolate Nirvana	4.25	5.25
16 oz. 225 cal/24 oz. 337 cal Ghirardelli chocolate, nonfat milk, nonfat frozen yogurt and ice!		

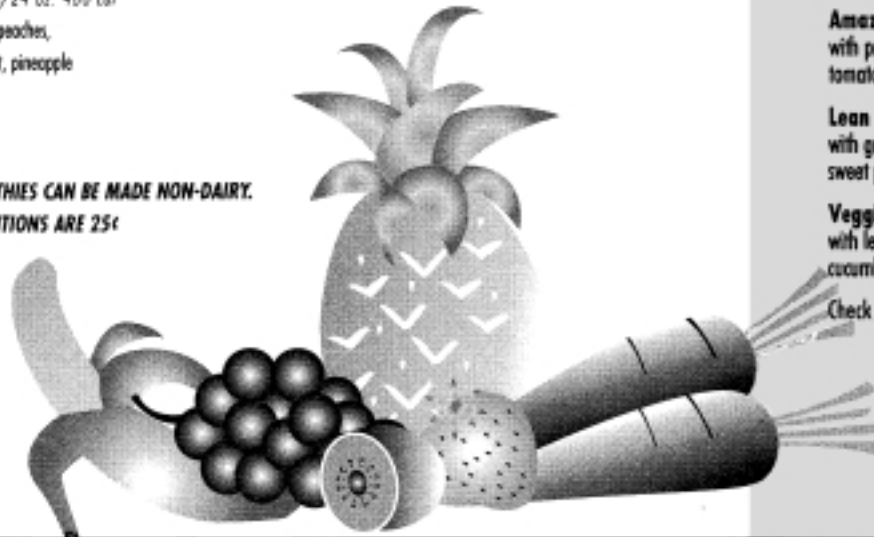
Smoothies

	16 oz.	24 oz.
Tropical Passion	4.25	5.25
16 oz. 236 cal/24 oz. 354 cal Passion fruit mango juice, bananas, strawberries, pineapple sherbet and ice.		
*Paradise Lust	4.25	5.25
16 oz. 265 cal/24 oz. 398 cal Pineapple juice, strawberries, banana, coconut, honey and ice.		
*Soy Smoothie	4.25	5.25
16 oz. 191 cal/24 oz. 281 cal Nonfat Soy Milk, strawberries, bananas, honey and ice!		
Strawberry Supreme	4.25	5.25
16 oz. 221 cal/24 oz. 332 cal Apple juice, strawberries, bananas, nonfat frozen yogurt and ice!		
Bananarama	4.25	5.25
16 oz. 239 cal/24 oz. 359 cal Apple juice, blueberries, bananas, raspberry sherbet, nonfat frozen yogurt and ice!		
Piña Colada	4.25	5.25
16 oz. 320 cal/24 oz. 480 cal Pineapple juice, peaches, bananas, coconut, pineapple sherbet and ice.		
*NON-DAIRY MOST SMOOTHIES CAN BE MADE NON-DAIRY. ALL SUBSTITUTIONS ARE 25¢		

**100%
Pure**

Amazon Juice
is all natural
juice with no
additives,
preservatives,
artificial
flavors,
artificial colors
or added sugars.

The American
Heart Association
and the American
Cancer Society
recommend eating
a diet low in fat
and rich in fruits
and vegetables.



Amazon Gourmet Wraps

	HALF	LARGE
Amazon Club	5.75	6.95
turkey, turkey bacon, cheddar cheese, lettuce, tomato and low-fat ranch or honey mustard dressing		
Grilled Chicken Caesar	5.75	6.95
grilled chicken breast, feta cheese, mozzarella, black olives, romaine lettuce, tomato and caesar dressing		
Garden	5.75	6.95
lettuce, tomato, cucumber, carrots, black olives, onions, and your choice of dressing		
Amazon Grande	5.75	6.95
marinated chicken breast, zesty salsa, onion, lettuce, tomato, and sour cream or fat free ranch dressing		
Chicken Salad or Tuna Salad Wrap	5.75	6.95
with lettuce, tomato, and your choice of cheese		
Black Bean Cheese & Rice Wrap	5.75	6.95
with tomato & onion		

Amazon Original Sandwiches

	HALF	LARGE
Smoked Turkey	4.95	6.95
with smoked gouda, lettuce and sun-dried tomato pesto!		
Deli-Style Roast Beef	4.95	6.95
with swiss cheese, slaw and Thousand Island dressing!		
Amazon Tuna or Chicken Salad	4.95	6.95
with provolone, lettuce, tomato and spices!		
Lean Smoked Ham	4.95	6.95
with gruyere cheese, lettuce, sweet pickles and spicy mustard!		
Veggie Sandwich	4.95	6.95
with lettuce, tomato, onion, olives, cucumber and sun-dried tomato pesto!		

Check our daily combo specials!

**A Delightful
Discovery**

