

Touchdown Submarines

	Jet (7 in.)	Giant (7 in.)
1. Terrigan's Crunch Course.....	\$5.25	\$9.25
Ham, Pepperoni, Salami & Cheese		
2. Ham, Salami & Cheese.....	\$4.75	\$8.25
3. Ham & Cheese.....	\$4.75	\$8.25
4. Bologna.....	\$3.95	\$6.95
5. Ham, Turkey & Cheese.....	\$4.75	\$8.25
6. Roast Beef, Turkey & Cheese.....	\$5.75	\$9.75
7. Capicola, Pepperoni & Cheese.....	\$5.25	\$9.25
8. Cheese.....	\$3.95	\$6.95
9. Homemade Tuna Salad.....	\$4.95	\$8.95
10. Homemade Chicken Salad.....	\$4.95	\$8.95
11. Roast Beef.....	\$5.75	\$9.75
12. Turkey.....	\$5.25	\$9.25

All Touchdown Submarines include lettuce, tomato, onion, oil & vinegar, oregano
Add chips & a pickle spear or potato salad, macaroni salad or
cole slaw to any half sub for just \$1.00!

Power Plays

	$\frac{1}{2}$ lb.
Cream Cheese.....	\$2.89
Specialty Cream Cheese.....	\$3.89
Nova Lox.....	\$10.99
Homemade Tuna Salad.....	\$3.99
Homemade Chicken Salad.....	\$3.99
Homemade Egg Salad.....	\$3.49

Wholesale & Corporate Accounts Now Available!

Pharmaceutical Sales People Welcome!

Ask about our Pee Wee Bagel Sandwich Trays,
Assorted Sandwich and Wrap Trays and
Bagel and Muffin Trays

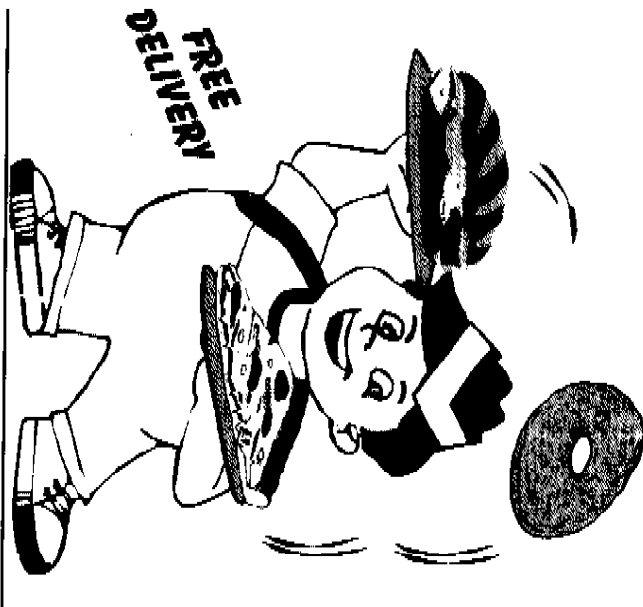
To Our Customers:

In order to ensure that you receive the freshest,
best tasting bagel, all dough preparation and baking
are done on the premises on a daily basis.

Thank You For Your Business!

TERRIGANIS BAGELS & DELI

One Taste of the Best
and You'll Forget All the Rest



GAME TIME

Monday - Saturday 6 AM - 2 PM
Sunday 6 AM - 1 PM

LET US FAX YOU OUR DAILY SPECIALS

793 Fischer Boulevard
Toms River, NJ 08753
(732) 929-9699
Fax: (732) 929-9688

Hall of Fame Bagels

Baker's Dozen (13) - \$7.95
One Half Dozen - \$4.00
Each - 75¢

Plain • Sesame • Poppy • Cinnamon Raisin • Onion • Everything • Salt
Garlic • Whole Wheat • Egg • Pumpernickel • Blueberry • Multi-Grain
Egg Everything • Whole Wheat Everything • Multi-Grain Everything • Marble Rye

Specialty Bagels

Flagels • Bialy • French Toast - 95¢

Baked Goods

Muffins, Crumb Cake, Danish - \$1.75

Bagel w/Butter.....	\$1.50
Bagel w/Butter and Jelly.....	\$1.60
Bagel w/Cream Cheese.....	\$1.85
Bagel w/Light Cream Cheese.....	\$1.85
w/Peanut Butter & Jelly.....	\$1.95
w/Vegetable Cream Cheese.....	\$2.50
w/Scallion Cream Cheese.....	\$2.50
w/Garlic & Herbs Cream Cheese.....	\$2.50
w/Strawberry Cream Cheese.....	\$2.50
w/Sundried Tomato Cream Cheese.....	\$2.75
w/Walnut Raisin Cream Cheese.....	\$2.50
w/Lox Spread.....	\$2.75
w/Olive Pimiento.....	\$2.50
w/Nova Lox.....	\$5.50

Pee-Wee Bagels.....	\$0.50
w/Butter.....	\$0.75
w/Butter and Jelly.....	\$0.85
w/Cream Cheese.....	\$1.00
w/Specialty Cream Cheese.....	\$1.45
w/Lox Spread.....	\$1.65
w/Nova Lox.....	\$3.95

Pee-Wee Bagel Dozens by Special Order Only
Baker's Dozen (13) - \$5.25

** All Bagels prepared and baked on the premises daily
** Prices are subject to sales tax and can change without notice

Overtime Sandwiches

Yankee Clipper	\$5.25
Chicken cheese steak tossed in hot sauce topped with melted cheese & choice of ranch or bleu cheese dressing	
Amazin' Met	\$5.25
Homemade chicken salad & choice of cheese topped with lettuce, onion and balsamic vinegar	
Phillies Fanatic	\$4.95
Grilled ham & choice of cheese topped with crispy bacon & tomato	
Giants Big Blue	\$5.50
Capicola, genoa salami, pepperoni & provolone, lettuce & tomato	
J-E-T-S	\$4.65
Seasoned potatoes, scrambled egg, cheese & onions topped with salt, pepper & ketchup	
Eagle Blitz	\$5.50
Grilled turkey & melted swiss cheese topped with lettuce, tomato & spicy mustard	
Nets Three Pointer	\$5.25
Blackened chicken cheese steak topped with grilled onions, lettuce & mayo	
76ers' Swish	\$5.95
Mesquite flavored grilled chicken strips with bacon & topped with your choice of melted cheese	
Ranger Hat Trick	\$5.95
Turkey, capicola & provolone with lettuce, hot peppers & spicy mustard	
Hot NJ Devil	\$5.95
Grilled roast beef topped with provolone cheese, grilled onions & mayo	

Choice of Bagel, Round Roll, White, Wheat or Rye
Add chips and a pickle or potato salad, macaroni
salad or cole slaw for \$1.00 more!

Double Dribbles

(Extras)

Lettuce, Tomato, Onion (each)....	\$0.15
Cheese.....	\$0.50
Hot Peppers.....	\$0.50
Sweet Peppers.....	\$0.50
Roasted Peppers.....	\$1.00
Meat.....	\$0.50
Egg.....	\$0.50
Whole Pickle.....	\$1.00

Hoop Soups

(Seasonal)

Small (8 oz.)....	\$2.25
Large (12 oz.)....	\$2.95
Don't see what you want on the menu? No sweat! Just ask & we'll do our best to accommodate you	

First Inning Sandwiches

Egg.....	\$2.25
Egg w/Cheese.....	\$2.50
Egg & Choice of Meat*	\$3.00
Egg, Cheese & Choice of Meat*	\$3.50
Double Egg.....	\$2.75
Pork Roll, Bacon or Sausage.....	\$3.00
Egg Whites (3).....	\$3.25
*Pork Roll, Sausage, Deli Ham, Bacon	
"The Grand Slamwich"	
Pork Roll, Sausage, Bacon, Egg and Cheese	\$4.50

Diamond Platters

Single Egg.....	\$3.00
w/choice of Meat.....	\$4.00
Two Eggs.....	\$3.25
w/choice of Meat.....	\$4.25
All Platters include home fries and choice of bagel or toast	

Three Strike Omelettes

Plain.....	\$3.75
Cheese.....	\$4.25
-Ham & Cheese.....	\$4.75
Bacon.....	\$4.75
Sausage.....	\$4.75
Western.....	\$4.95
All Omelettes are made with three eggs & include home fries & choice of bagel or toast	

Curve Balls and Sliders

(Extras & Sides)

Cheese.....	\$0.50
Meat.....	\$0.50
Egg.....	\$0.50
Home Fries.....	\$2.25
Side of Meat.....	\$2.25

Wrap any Breakfast Sandwich for

\$1.00 More!

Fast Break Sandwiches - (Cold)

American Cheese.....	\$3.50
Bologna.....	\$3.50
Capicola.....	\$4.25
Homemade Chicken Salad.....	\$4.45
Domestic Ham.....	\$3.75
Homemade Egg Salad.....	\$3.50
Genoa Salami.....	\$3.95
Pepperoni.....	\$3.50
Provolone.....	\$3.50
Roast Beef.....	\$5.25
Swiss.....	\$3.95
Homemade Tuna Salad.....	\$4.45
Turkey Breast.....	\$4.75

Add Chips & pickle spear or potato salad, macaroni salad or cole slaw to any sandwich for just \$1.00

Wrap any sandwich for just \$1.00 more!

Half Court Sandwiches (Hot)

Bacon, Lettuce, Tomato.....	\$3.75
Cheese Steak w/peppers & onions.....	\$5.25
Chicken Cheese Steak w/peppers & onions.....	\$5.25
Grilled Turkey.....	\$4.75
Grilled Roast Beef.....	\$5.25
Potato and Egg.....	\$3.75
Grilled Cheese.....	\$3.50
Pepperoni and Egg.....	\$3.50
Buffalo Chicken.....	\$5.25

Choice of Bagel, Round Roll, White, Wheat or Rye

Add chips and a pickle spear or potato salad, macaroni salad or cole slaw to any wrap for just \$1.00

Slam Dunk Salads

Coin Toss.	\$3.95
Lettuce, tomato, onion, olives, croutons & choice of dressing	
Coach's Challenge	\$5.95
Lettuce, tomato, onion, olives, croutons & choice of 2 meats, 1 cheese & choice of dressing	
Face Off	\$5.95
Mesquite flavored chicken strips, romaine lettuce, croutons, tomatoes, olives & shredded parmesan cheese tossed with Caesar dressing	
Hole in One	\$5.95
Choice of homemade tuna, egg or chicken salad on a tossed salad with your choice of dressing	

"Roll Out The Tarp" Wraps

Quarterback Sneak	\$5.95
Mesquite flavored chicken strips & romaine lettuce tossed with Caesar dressing & topped with shredded parmesan cheese	
Putting Green	\$5.95
Grilled chicken strips topped with provolone cheese, romaine lettuce and a touch of pesto	
Power Hitter	\$5.95
Roast beef, turkey & choice of cheese topped with romaine lettuce, tomato, onion, sweet peppers & mayo	
Full Court Press	\$5.95
Blackened chicken strips with melted cheese topped with romaine lettuce, hot peppers & ranch dressing	
Winning Strike	\$5.95
Grilled chicken strips tossed in hot sauce with lettuce, tomato and choice of blue cheese or ranch dressing	

Add chips and a pickle spear or potato salad, macaroni salad or cole slaw to any wrap for just \$1.00