

Goodman's Deli

FORMERLY IN ELIZABETH
ESTABLISHED IN 1943
Open 7 Days

YOU ARE ALWAYS WELCOME TO BRING YOUR OWN BOTTLE
400 SPRINGFIELD AVENUE, BERKELEY HEIGHTS, NJ
TEL: (908) 898-0900 • FAX: (908) 898-0905

Now We Deliver
(MINIMUM PURCHASE \$25.00)
Catering Available

www.goodmansdeli.net

APPETIZERS & FINGER FOODS

CHOPPED LIVER	6.25
ONION RINGS	4.50
FRENCH FRIES	4.00
with Cheese	4.95
with Gravy	4.50
with Gravy & Cheese	5.25
MOZZARELLA STICKS served with Marinara Sauce	6.75
JUMBO CHICKEN FINGERS served with Honey Mustard	6.95
with French Fries	7.75
BUFFALO WINGS served with Bleu Cheese Dressing	6.95
GOODMAN'S FAVORITES Onion Rings, Mozzarella Sticks (3), Jumbo Chicken Fingers (3), Buffalo Wings (3)	9.25
New POTATO LATKES Three Homemade Potato Pancakes (2oz. each) served with Sour Cream or Applesauce	5.95

HOMEMADE SOUPS

CHICKEN ORZO	MATZO BALL
SPLIT PEA	SOUP DU JOUR
3.00 Bowl	
SERVED WITH CRACKERS	
BORSCHT (Hot or Cold) with Sour Cream or Boiled Potato	3.50

FRESH GARDEN SALADS

TOP OFF YOUR SALAD WITH:	
SLICED GRILLED CHICKEN \$2.95 EXTRA • SLICED STEAK \$4.95 EXTRA • SHRIMP \$5.95 EXTRA	
SPINACH SALAD BRAVO Fresh Baby Spinach, Crisp Bacon Pieces, Chopped Walnuts, Mandarin Oranges, Red Onions & Poppy Seed Dressing	7.95
CHEF'S SALAD Roast Beef, Turkey, Ham & Swiss on a Bed of Mixed Greens with Tomato & Cucumber and your Choice of Dressing	9.75
GREEK SALAD Mixed Greens with Feta Cheese, Cucumbers, Tomato, Calamata Olives & Our Special Greek Dressing	9.25
CAESAR SALAD Crisp Romaine Lettuce mixed with Homemade Caesar Dressing, Parmesan Cheese & Seasoned Croutons	7.95

SALAD PLATTERS

SERVED ON A BED OF LETTUCE WITH POTATO SALAD,
COLE SLAW, TOMATOES & A HARD BOILED EGG

CHICKEN SALAD	9.25
SHRIMP SALAD	10.95
TUNAFISH SALAD	9.25
EGG SALAD	8.25
CHOPPED LIVER	8.95
GRILLED CHICKEN BREAST PLATTER	10.95
NOVA SCOTIA SALMON (Lox)	12.95
SMOKED WHITEFISH PLATTER	9.95

PITA SANDWICHES

WITH LETTUCE & TOMATO, SERVED WITH FRENCH FRIES
OR POTATO SALAD OR COLE SLAW & PICKLE

STUFFED WITH:	
Tuna Salad	8.95
Chicken Salad	8.95
Roast Beef or Turkey	9.95
Grilled Chicken	9.45

SIDE ORDERS

ONION RINGS	4.50	MACARONI SALAD	3.00	PICKLED TOMATOES	
FRENCH FRIES	4.00	SWEET RED PEPPERS	3.00	or DILL	3.00
MASHED POTATOES	3.00	HOT VEGETABLE	3.00	BAKED BEANS	3.00
POTATO SALAD	3.00	COLE SLAW	3.00		

TASTY SANDWICHES

MEAT	
PASTRAMI	8.95
TURKEY BREAST	8.95
CORNERED BEEF	8.95
BRISKET of BEEF (POT ROAST)	8.95
ROAST BEEF	8.95
BEEF TONGUE	9.25
BAKED HAM	6.85
BOILED HAM	6.50
VIRGINIA HAM & SWISS	7.65
HAM & SWISS CHEESE	7.25
TAYLOR HAM	5.50
LIVERWURST	6.95
SALAMI or HARD SALAMI	6.95
BACON, LETTUCE & TOMATO	5.50
CHICKEN CUTLET	7.25

SALAD	
CHOPPED LIVER	6.95
CHICKEN SALAD	6.95
with Crisp Bacon	7.95
TUNAFISH SALAD	7.25
EGG SALAD	5.45
with Crisp Bacon	6.45
SHRIMP SALAD	9.25

CHEESE	
ANY CHEESE (Choice)	4.25
GRILLED CHEESE	4.45
with Crisp Bacon	5.45
with Tunafish Salad	7.95
CREAM CHEESE & OLIVES	4.95

SANDWICH EXTRAS: WITH TOMATO OR COLE SLAW .50¢ EXTRA • WITH ANY CHEESE \$1.00 EXTRA

TRIPLE DECKERS

ALA GOODMAN'S
WITH COLE SLAW & RUSSIAN DRESSING

YOUR CHOICE \$9.95

PLEASE ORDER BY NUMBER

- 1. SALAMI & SWISS CHEESE
- 2. TURKEY, CORNERED BEEF & ROAST BEEF
- 3. CORNERED BEEF, ROAST BEEF & SWISS CHEESE
- 4. CORNERED BEEF, PASTRAMI & SALAMI
- 5. CHICKEN SALAD with Lettuce, Tomato & Bacon
- 6. TURKEY, PASTRAMI & ROAST BEEF
- 7. TURKEY, CORNERED BEEF & SWISS CHEESE
- 8. TURKEY, ROAST BEEF & SWISS CHEESE
- 9. TURKEY & CORNERED BEEF
- 10. TURKEY, CORNERED BEEF, PASTRAMI & SWISS CHEESE
- 11. TURKEY CLUB with Bacon, Lettuce & Tomato
- 12. TUNAFISH SALAD with Sliced Egg, Lettuce & Tomato

JUMBO "COMBOS"

WITH COLE SLAW & RUSSIAN DRESSING
PLEASE ORDER BY NUMBER

YOUR CHOICE 9.65

- 1. CHOPPED LIVER & PASTRAMI
- 2. CHOPPED LIVER & CORNERED BEEF
- 3. PASTRAMI & TURKEY
- 4. TURKEY & BAKED HAM
- 5. CORNERED BEEF & PASTRAMI
- 6. PASTRAMI & SWISS
- 7. CORNERED BEEF & SWISS
- 8. TURKEY & CORNERED BEEF
- 9. TURKEY & CHOPPED LIVER
- 10. TURKEY & FRESH BRISKET

PARMIGIANA SANDWICHES

ON AN ITALIAN ROLL, SERVED WITH FRENCH FRIES & PICKLE

BREAST OF CHICKEN PARMIGIANA \$9.95

EGGPLANT PARMIGIANA \$8.95

REUBEN \$9.95

Corned Beef or Pastrami on Rye with Russian Dressing
& Sauerkraut, topped with Melted Swiss Cheese

WRAP IT UP

SERVED WITH FRENCH FRIES & PICKLE

TUSCANY CHICKEN WRAP	Grilled Chicken, Fresh Mozzarella, Roasted Peppers & Balsamic Dressing	9.25
CHICKEN CHEDDAR MELT WRAP	Grilled Chicken Tenderloins, Melted Cheddar Cheese, Grilled Onions, Crisp Lettuce, Mayonnaise & Dijon Mustard	8.95
EGGPLANT WRAP	Breaded Eggplant, Red Roasted Peppers, Red Onions, Lettuce & Tomato, Provolone Cheese & Basil Spread	9.25
ATHENIAN WRAP	Greek Salad with Grilled Chicken	8.95
CHICKEN CORDON BLEU WRAP	Grilled Chicken Tenderloins, Thinly Sliced Deli-Style Ham, Melted Swiss Cheese & Dijon Mustard	8.95
CHICKEN CAESAR SALAD WRAP	Grilled Chicken Breast with Crisp Romaine Lettuce, Tomato & Thinly Sliced Onions tossed in Caesar Dressing	8.95
New PORTABELLO & FRESH MOZZARELLA WRAP	Marinated Roasted Portabello Mushrooms, Fresh Mozzarella, Red Onion, Red Peppers and Basil Spread	8.95
New BUFFALO BLEU CHICKEN WRAP	Buffalo Chicken Tenders, Crisp Lettuce, Bleu Cheese Dressing in a Wrap	8.95
New ROBERT'S WRAP	Grilled Marinated Chicken, Sundried Tomatoes, Romaine Lettuce, Mozzarella Cheese with Balsamic Mayonnaise	9.25
New FAJITA WRAP	Beef or Chicken, Green Peppers, Onions, Cheddar Cheese and Salsa and Sour Cream	9.25

1/2 LB SUPER BURGERS

DELUXE INCLUDES: FRENCH FRIES, LETTUCE & TOMATO

	REG	DLX
JUMBO BURGER	4.50	6.25
CHEESEBURGER (Choice of American, Swiss, Cheddar or Provolone)	5.75	7.50
BACON BURGER	6.25	7.95
BACON CHEESEBURGER	6.50	8.25
PIZZA BURGER with Mozzarella Cheese & Tomato Sauce	5.75	7.25
CALIFORNIA BURGER with Lettuce, Tomato, Onion & Mayonnaise	5.75	7.50
COUNTRY BURGER with Portobello Mushrooms, Melted Swiss Cheese, Fried Onions, Worcestershire Sauce & Balsamic Mayonnalse	7.25	8.95
VEGGIE BURGER	4.95	6.95
TURKEY BURGER	4.95	6.95
PASTRAMI BURGER 1/2 lb of Juicy Burger with Strips of Pastrami & Onions	8.25	11.95
NEW JERSEY BURGER DELUXE 1/2 lb of Juicy Hamburger, topped with Golden Fried Onions, Taylor Ham and Melted American and Swiss Cheese	6.95	8.95

GRILLED CHICKEN BREAST SANDWICHES

SERVED WITH FRENCH FRIES OR POTATO SALAD OR COLE SLAW & PICKLE • PLEASE ORDER BY NUMBER

1. CHICKEN BREAST with Lettuce & Tomato	8.25	• with Choice of Cheese	9.25
2. CHICKEN CORDON BLEU with Ham & Swiss Cheese			9.25
3. CHICKEN B.L.T.			9.25
4. CHICKEN PHILLY with Sautéed Mushrooms, Peppers, Onions & Melted American Cheese			7.95
5. CHICKEN KANSAS CITY with BBQ Sauce, Bacon Strips & Melted American Cheese			8.95
6. CHICKEN ALA ROMA Marinated in Garlic & Olive Oil, topped with Sliced Tomato & Mozzarella Cheese			8.95

SPECIALTY SANDWICHES

FAT BOYS TRIPLE DECKER Hot Homemade Meatloaf, White Meat Turkey, Swiss Cheese, Sweet Peppers and topped with Russian Dressing, served on Rye	10.95
PHILLY CHEESE STEAK SANDWICH On Italian Bread with Fried Onions & Melted American Cheese, served with French Fries & Pickle	8.95
FRIED FILET OF SOLE SANDWICH On Rye Bread with Lettuce, Tomato & Tartar Sauce, served with French Fries & Pickle	8.95
TUNA MELT SANDWICH Scoop of Tunafish Salad with Grilled Tomato & Melted American Cheese on Grilled Rye served with French Fries	8.95
New THE MONTE CRISTO Two Slices of Challah Bread, Sliced Turkey and Ham, Melted Swiss Cheese, topped with Honey Mustard and Mayonnaise	9.95
New THE GODFATHER Fresh Roast Beef, Sautéed Onions, Horseradish, Provolone Cheese on Grilled Rye Bread, served with French Fries	10.95
New THE GODMOTHER Fresh Turkey, Sautéed Onions, Horseradish, Provolone Cheese on Grilled Rye Bread, served with French Fries	10.95
New TENNESSE TURKEY Fresh Sliced Turkey topped with Swiss Cheese, Crisp Bacon with Russian Dressing, served on Grilled Rye Bread with French Fries	10.95
New THE TEXAN Marinated Grilled Chicken, Sautéed Onion, Crisp Bacon, Cheddar Cheese, BBQ Sauce, served on a Roll with French Fries	10.95
New ALEX'S WHITEFISH SALAD SANDWICH Our Delicious Whitefish Salad, Crisp Lettuce, Red Ripe Tomato, Sweet Red Onion, served on a Plain Toasted Bagel with a Pickle	7.95

WAIST WATCHERS

REFRESHINGLY NUTRITIOUS

SLICED TURKEY with Lettuce with Tomato & Cottage Cheese	9.25
STUFFED TOMATO with Tuna or Chicken Salad with Hard Boiled Egg	8.25
DIET BURGER served with Lettuce, Tomato & Cottage Cheese	7.25
GRILLED MARINATED CHICKEN BREAST with Side of Crisp Lettuce with Tomato	8.95
TURKEY BURGER On Crisp Lettuce with Tomato & Cottage Cheese	7.65

(Go GIANTS Go)

GIANT Hot Dog \$3.50

You are Always Welcome to Bring Your Own Bottle



BALSAMIC EGGPLANT & BROCCOLI RABE HERO

Fresh Breaded Eggplant, Fresh Mozzarella, Sweet Red Pepper & Sundried Tomato topped with Broccoli Rabe & Balsamic Vinegar on a Hero, served with French Fries
\$9.45



BALSAMIC CHICKEN & BROCCOLI RABE HERO

Marinated Grilled Chicken, Broccoli Rabe and Fresh Mozzarella Cheese topped with Balsamic Vinegar, served on a Hero Bread with French Fries
\$10.95

HOT OPEN SANDWICHES

SERVED WITH GRAVY & POTATO

ROAST BEEF	10.95
ROAST TURKEY	11.95
BRISKET OF BEEF (Pot Roast)	11.95
CORNERD BEEF	11.25
PASTRAMI	11.25
CAROL'S MEATLOAF	10.95

DELI FAVORITES

SERVED WITH POTATO & VEGETABLE

BONELESS CHICKEN CUTLET	10.95
ROAST BEEF	11.95
BRISKET of BEEF (Pot Roast)	12.95
KNOCKWURST "SPECIALS" & BEANS (Grilled or Boiled) & Baked Beans	9.50
FRANKS & BEANS (Grilled or Boiled) & Baked Beans	9.50
STUFFED CABBAGE	11.95

TRADITIONAL FAVORITES

CHEESE BLINTZES (3) Served with Sour Cream or Applesauce	8.95
POTATO PANCAKES (3) Served with Sour Cream or Applesauce	9.95
POTATO KNISH	3.15

CHAR-BROILED STEAKS

CHAR-BROILED NY SIRLOIN STEAK 1lb. Served with French Fries, Onion Rings, Lettuce & Tomato	13.95
CHOPPED SIRLOIN STEAK 1lb. with Fried Onions, Potato & Vegetable	11.95

SEAFOOD TREASURES

SERVED WITH FRENCH FRIES & COLE SLAW

BROILED FILET of SOLE	12.95
FRIED FILET of SOLE	11.95
FRIED SHRIMP	13.95
Parmigiana	14.95

GOODMAN'S BEST of the BEST

1 lb. Char-Broiled NY Sirloin Steak & Fried Shrimp, served with French Fries, Salad & Garlic Bread
\$19.95

GOODMAN'S BEST OPEN SLICED STEAK

Served on Garlic Bread with French Fries, Onion Rings, Lettuce & Tomato
\$12.95

HONEY DIPPED FRIED CHICKEN

Served with French Fries & Cole Slaw
\$9.25

VIRGINIA HAM STEAK

Thick & Juicy with Honey Sauce served with Potato & Vegetable
\$10.75

SHRIMP SCAMPI

served with Spaghetti
\$12.95

CHICKEN PARMIGIANA

served with Spaghetti
\$11.95

EGGPLANT PARMIGIANA

served with Spaghetti
\$9.95

EGGS

SERVED WITH POTATOES & TOAST

TWO EGGS Any Style	4.95
with Ham, Bacon, Sausage or Taylor Ham	5.95
with Canadian Bacon	6.25
SALAMI & EGGS	6.95
CORNED BEEF HASH & EGGS	7.95
VIRGINIA HAM STEAK & EGGS	8.75
STEAK & EGGS	9.95
LOX & EGGS	9.95

EGG SANDWICHES

EGG Any Style	2.85
FRIED EGG with Cheese	3.50
with Ham, Bacon, Taylor Ham or Sausage	4.25
EGG WHITE SANDWICH	3.50
FRIED EGG with CANADIAN BACON	4.50
WESTERN EGG	5.75
SALAMI & EGG	5.95

OMELETTES

SERVED WITH POTATOES & TOAST

PLAIN OMELETTE	4.75
CHEESE OMELETTE Choice of: American, Swiss, Cheddar or Mozzarella	5.65
ONION or GREEN PEPPER OMELETTE	6.25
BACON or HAM OMELETTE	6.45
with Cheese	7.45
MUSHROOM OMELETTE	6.45
SPANISH OMELETTE	6.95
BROCCOLI & SWISS CHEESE OMELETTE	6.95
GARDEN OMELETTE with Peppers, Onions, Tomatoes & Mushrooms	6.95

FETA CHEESE OMELETTE	6.95
WESTERN OMELETTE	6.95
with Cheese	7.95
SPINACH & FETA CHEESE OMELETTE	7.25
EGG WHITE OMELETTE Green Peppers, Diced Tomato, Onions & Mushrooms	7.95
MEAT LOVER'S OMELETTE Bacon, Ham, Sausage & Cheese	8.25
SALAMI OMELETTE	8.25
PASTRAMI or CORNED BEEF OMELETTE	8.95
NOVA SCOTIA LOX & ONION OMELETTE	9.95

BAGEL, ROLL OR ENGLISH MUFFIN INSTEAD OF TOAST .50¢ EXTRA

New

Eggs Benedict \$7.25

Two Poached Eggs on an English Muffin
with Canadian Bacon and Hollandaise Sauce,
served with Potatoes

New

Paula's Breakfast Sandwich \$7.95

Three Scrambled Eggs, Sausage & American Cheese,
served between Two Pancakes topped with Butter and
smothered with Syrup

GRIDDLE SPECIALTIES

SERVED WITH CREAMERY BUTTER & SYRUP

GOLDEN BROWN PANCAKES (3)	5.25
CHOCOLATE CHIP PANCAKES (3)	6.25
FRUITY PANCAKES (3) Choice of Apple, Blueberry or Strawberry	6.75
FRENCH TOAST (3) Our Homemade Challah Bread dipped in Egg Batter	5.25
SHORT STACK PLAIN FRENCH TOAST or PANCAKES (2)	4.25
SHORT STACK FRUITY PANCAKES (2)	5.25
BELGIAN WAFFLE with Powdered Sugar	5.75

GRIDDLE EXTRAS:

WITH ONE EGG .80¢ EXTRA • WITH TWO EGGS \$1.60 EXTRA

WITH HAM, BACON, SAUSAGE OR TAYLOR HAM \$2.50 EXTRA • WITH CANADIAN BACON \$2.95 EXTRA

HOT OATMEAL \$3.25

BAGELS

TOASTED BAGEL with Butter & Jelly	1.35
with Cream Cheese & Jelly	2.35
with Cream Cheese, Lox, Lettuce, Tomato & Onion	10.95
ENGLISH MUFFIN	1.20

DESSERTS

CREAMY CHEESECAKE	4.50
CAKE or PASTRY of the DAY	4.50
RICE PUDDING	3.00
JELLO	2.50
FRESH FRUIT CUP In Season	3.95
BROWNIE	2.25
DEATH BY CHOCOLATE Warm Chocolate Brownie & Scoop of Vanilla Ice Cream & topped with Chocolate Syrup	4.95

BEVERAGES

HOT COFFEE or HOT TEA	1.75
DECAFFEINATED COFFEE or TEA	1.75
HOT CHOCOLATE	2.00
MILK	2.25
CHOCOLATE MILK	2.50
ICED TEA or ICED COFFEE	1.95
DR. BROWN'S SODA	1.75
FOUNTAIN SODAS (16 oz)	1.95
SPRING WATER	1.75
MILK SHAKE	3.50
NEW YORK EGG CREAM	2.50
ASSORTED JUICES	Sm. 1.50 • Lg. 2.95