

PANINIS

Grilled Chicken Panini	\$6.95
Grilled chicken breast, tomatoes, roasted red peppers w/melted provolone cheese dressed w/pesto mayo	
Vegetarian Panini	6.95
Grilled fresh vegetables w/melted mozzarella dressed with balsamic vinaigrette	
The Turkey Panini	6.95
Thin sliced turkey breast & tomatoes w/melted provolone cheese dressed with pest mayo spread	
Tuscan Panini	6.95
Fresh mozzarella, tomatoes & spinach dressed with balsamic vinaigrette	

QUESADILLAS etc.

Cheese Quesadilla	\$4.99
Grilled Vegetable Quesadilla	6.50
Charbroiled Chicken Quesadilla.....	6.50
Charbroiled Steak Quesadilla	6.50

CATERING for ALL OCCASIONS

WRAPS PLATTER

An assortment of our specialty cold wraps garnished and served with pickles and choice of coleslaw or macaroni salad.
(20 pieces per platter that will feed 12-14) \$63.00

VEGGIE PLATTER

An assortment of fresh cut vegetables including carrots, celery peppers and broccoli, served with Four J's famous homemade spinach dip \$35.00

SANDWICHES PLATTER

Our delicious Boar's Head meats served on your choice of fresh baked club wheat, white or rye bread, cut into quarters.
(40 pieces per platter that will feed 10-12) \$49.00

CONTINENTAL BREAKFAST

A generous assortment of bagels, croissants and muffins served with a variety of spreads.
(Feeds 10) \$35.00

HOT BREAKFAST

is also available for catering by the full and 1/2 trays.

tel: 973:276.1260

TRY ONE OF OUR OTHER LOCATIONS

Four J's Bagels on Main
605 Main Street
Boonton, NJ 07005

Carved Café
7 Park Street
Montclair, NJ 07042



BAGELS

Authentic Hand Rolled Bagels Made from Scratch All Day-Everyday

\$0.85 EACH • BAKERS DOZEN (13) \$10.00

Plain • Poppy • Sesame • Salt • Onion
Cinnamon Raisin • Wheat • Everything
Oat Bran • Egg • Rye • Pumpernickel

GOURMET SPREADS

Plain Cream Cheese	\$1.70		\$3.50
Low Fat Cream Cheese	1.75		3.50
Vegetable Cream Cheese	2.50		4.00
Low Fat Vegetable Cream Cheese	2.65		4.00
Smoked Salmon	2.95		
Butter & Jelly	2.00		
Peanut Butter & Jelly	2.50		
Cream Cheese & Jelly	2.50		

BAGEL PACKAGES

Dozen Bagels, 1/2lb Butter & 8oz. Cream Cheese \$14.99

GLORIOUS MORNING

Low Fat Muffin	\$1.75
Croissants	1.50
Crumb Cake	1.50

CATERING for BREAKFAST & LUNCH

OPEN 7 DAYS A WEEK

16 Little Falls Road Fairfield, NJ 07004

tel: 973:276.1260

fax: 973.276.1275

HOT FOOD / FREE DELIVERY (\$15 min)

BREAKFAST SANDWICHES

Egg Sandwich	\$2.00
Egg & Cheese	2.50
Egg & Cheese with Bacon, Sausage or Taylor Ham	3.75
Bacon, Sausage or Taylor ham with Cheese	3.75
Egg Whites Sandwich	2.50
Egg Whites Sandwich with Cheese	3.00
..... (Any Cheese Other than American add \$0.50)	

BREAKFAST SPECIALTY

Pancakes	\$4.99
French Toast	4.99
Add Meat	1.50
Add 2 Eggs	0.75

EGGS & OMELETTE PLATTERS

(All Platters are Served with Home Fries & Buttered Bagel or Toast)

Two Eggs Any Style	\$3.75
Two Eggs Any Style with Meat	4.35
Omelette (3 Eggs)	4.00
Omelette (3 Eggs) with Cheese	5.00
Ham & Cheese	5.49
Western	5.49
Vegetarian	5.49
Florentine Omelette	5.49
(Spinach, Feta Cheese, Tomato & Egg Whites)	
Spinach & Tomato Omelette	5.49
(3 Egg Whites, Grilled Tomatoes, Spinach & Swiss Cheese)	

BREAKFAST BURRITOS

AMERICAN: 3 Eggs, Bacon, Potatoes & Cheese	\$4.99
ITALIAN: Sausage, Green Peppers, Onions, Potatoes & Provolone	4.99
SPANISH: Ham, Peppers, Onions, Potatoes & Cheese	4.99

BEVERAGES

Coffee or Tea	sm. \$1.25..... med. 1.50..... lg. 1.75
Specialty Hot Drinks ...	sm. \$1.50..... med. 1.75..... lg. 1.99

SPECIALTY SANDWICHES

(All Specialty Sandwiches are Served with Pickle & Coleslaw)

Four J's Sandwich	\$6.50
Sliced buffalo chicken w/lettuce, tomato, fresh mozzarella w/roasted peppers served w/russian dressing	
Philly Steak	6.25
Grilled, sliced steak, grilled onions, topped with melted cheese	
Route 46	5.99
Grilled chicken breast topped w/grilled vegetables served with herb mayo	
Route 46 West	6.25
Marinated grilled chicken breast, lettuce, tomato served with honey mustard	
Route 46 East	6.25
Breaded chicken breast topped with ham & melted mozzarella served w/honey mustard	
Grove Ave.	6.25
Marinated grilled chicken breast, topped w/roasted peppers & melted fresh mozzarella served with herb mayo	
Hollywood Blvd.	6.25
Sliced oven roasted turkey breast, swiss cheese, topped w/tomato, coleslaw, russian dressing	
Little Falls Road	6.25
Sliced oven roasted beef, swiss cheese topped with tomato, coleslaw & russian dressing	
Fairfield Ave.	6.25
Choice of lean sliced pastrami or turkey breast, coleslaw, russian dressing topped w/melted cheese	
Passaic Ave.	6.25
Roast beef, bacon, lettuce, tomato & mayo	
Salmon	6.99
Whipped cream cheese, sliced smoked salmon, tomato & sliced red onions	
Fairfield	5.99
Homemade tuna salad or chicken salad topped w/melted cheddar cheese	
Gyro	5.99
Thinly sliced marinated beef, served on a pita, lettuce, tomato, onions w/Tzatziki sauce	
The Italiano	6.25
Marinated grilled chicken w/spinach, fresh mozzarella served with balsamic vinaigrette	
Rocky	6.50
Ham, salami, pepperoni, provolone cheese, lettuce, tomato, onions, oil & vinegar	

BURGERS

(8oz. Flat Burgers)

Angus Burger	4.50
Angus Cheeseburger	4.99
Angus Bacon Cheeseburger	5.99
Add French Fries (to any burger)	1.00
French Fries Platter	2.00

SALAD SANDWICHES

Tuna Salad	\$4.99
Egg Salad	4.50
White Meat Chicken Salad	4.99

SALADS

Caesar Salad	\$4.99
Crisp romaine, croutons, aged grated cheese topped with dressing	
Caesar Salad with Grilled Chicken	5.99
Caesar salad topped with marinated chicken breast	
Greek Salad Platter	6.50
Caesar salad, mixed w/tomatoes, cucumbers, peppers, feta cheese & onions	
Chicken Salad Platter	6.50
Homemade chicken salad over romaine lettuce w/potato & macaroni salad, tomatoes, cucumbers & carrots	
Egg Salad Platter	4.99
Homemade egg salad over romaine lettuce w/potato & macaroni salad, tomatoes, cucumbers & carrots	
Tuna Salad Platter	6.50
Homemade tuna salad over romaine lettuce w/potato & macaroni salad, tomatoes, cucumbers & carrots	
Chicken Fajita Salad Platter	6.50
Romaine salad, topped w/shredded cheddar & jack cheese, diced tomato, olives, topped w/chicken breast & fajita dressing	
Antipasto Salad	6.50
Turkey, ham, provolone, american cheese over crispy tossed salad	
Grilled Chicken Mediterranean Salad	6.99
Grilled chicken breast over lettuce, tomatoes, cucumbers, onion, feta cheese, green olives, carrots, roasted peppers served w/lemon & oil dressing	

WRAPS

Manhattan	\$5.99
Grilled chicken breast, fresh mozzarella, lettuce, tomato, roasted peppers & balsamic	
Mediterranean	5.99
Grilled chicken breast, feta cheese, roasted peppers, tomato, black olives, romaine lettuce & balsamic	
Veggie Wrap	5.99
Grilled yellow & green zucchini, eggplant, roasted peppers, fresh spinach, feta cheese, black olives & balsamic	
American Club	5.99
Boar's Head Turkey, romaine lettuce, tomatoes, roasted peppers & honey mustard	
Salad Sensation	5.99
Choice of tune, chicken or egg salad, tomato & lettuce	
Chicken Caesar Wrap	5.99
Grilled chicken, romaine lettuce, caesar dressing & romaine cheese	
Buffalo Chicken Wrap	5.99
Grilled chicken, romaine lettuce, tomato, hot sauce, blue cheese dressing	
Honey Western Wrap	5.99
Turkey, lettuce & bacon w/honey mustard	
Turkey Wrap	5.99
Turkey, lettuce, tomato & russian dressing	
Philly Wrap	5.99
Philly cheesesteak w/provolone, peppers & onions	



tel: 973:276.1260

fax: 973.276.1275