

FROZEN NON-FAT YOGURT SHAKES & FRUIT SMOOTHIES

Yogurt Thick Shakes (24 oz.)..... 4.75

** Made with non-fat vanilla yogurt*

** Choice of whole or fat free milk*

** Choice of any two fruits: banana, strawberry, blueberry, peach, apple, mango, or pineapple
(add 1.00 for each additional fruit)*

“Whey” Protein Thick Shakes (24 oz.) 5.75

** Same ingredients as our Yogurt Thick Shakes but with 1 scoop of whey protein added*

** 2 scoops of whey protein.....add 1.00*

Fruit Smoothies (24 oz.)..... 5.75

** Choice of fresh Tropicana juice: orange, apple, cranberry, grape, ruby red*

** Choice of any two fruits: banana, strawberry, blueberry, peach, apple, mango, or pineapple
(add 1.00 for each additional fruit)*

** 1 scoop of whey protein.....add 1.00*

Vanilla Non-Fat Frozen Yogurt by the Cup:

Small (2 scoops) 2.75

Medium (3 scoops) 3.75

Large (4 scoops) 4.75

**Toppings (add .50 ea.): Chocolate Sprinkles • Rainbow Sprinkles • Granola • Baby M&Ms
Raisins; Dried Cranberries; Almond Slices; Chopped Walnuts; Chopped Cashews*

While we continually strive for excellence in everything we do, we realize that there is nothing more important than our customers’ complete satisfaction. If at any time you find something that doesn’t meet your standards, please bring it to my attention.

It’s my promise to you that I will address your concerns personally and promptly, and that I will do everything possible to assure your complete satisfaction today and tomorrow.

Thank you for your business,

David Eskenasi
Owner

**Corporate Accounts
may set up special
billing arrangements
and receive special discounts**

Contact us for details
AND our **FREE** Platter
offer for **New Accounts**

**Come in
and enjoy the finest
Black Angus Burgers on
Long Island**

Ask for our
FREE lunch form to
begin receiving daily specials

BAGEL BOYZ BISTRO

Our Menu

Includes Charbroiled Burgers,
Deli Sandwiches & Wraps,
Complete Salad Bar &
Appetizing: Nova, Whitefish and
Baked Salmon

New York’s #1 Bagel Store

BAGEL BOYZ BISTRO
BURGERS • DELICATESSEN • SALAD BAR

The Finest Fresh
Hot Bagels, Burgers,
Deli, Salad Bar, Appetizing
& Catering

Breakfast • Lunch

236 West Jericho Tpke.,
Syosset, NY 11791
Muttontown Plaza Shopping Center
Next to Syosset Ford



Tel: (516) 677-1900
Fax: (516) 677-1910

WE DELIVER

All Credit & Debit Cards Accepted
i8at.com/bagelboyz

FRESH HOT BAGELS

Plain • Poppy • Sesame • Onion • Garlic • Everything • Pumpernickel • Super Egg
Salt • Cinnamon Raisin • Sunflower • Whole Wheat • Lo Carb • Bialys

	Flagel	Mini
Bagel w/Butter	1.50 2.00	1.10
Bagel w/Cream Cheese	2.00 2.50	1.25
Bagel w/Flavored Cream Cheese.....	2.50 3.00	1.50
Bagel w/Lox Spread.....	3.25 3.75	2.25
Bagel w/Nova & Cream Cheese	8.50 9.50	
Croissant w/Butter	2.25	
Bagel, 2 Slices of Cheese w/Butter.....	2.00 2.50	

EGG SANDWICHES & PLATTERS

Breakfast Available All Day

		w/Cheese
Single Egg on a Bagel or Roll.....	2.10	2.60
Single Egg w/Ham, Bacon or Sausage on a Bagel or Roll.....	3.10	3.60
Double Egg on a Bagel or Roll	3.10	3.60
Double Egg w/Ham, Bacon or Sausage on a Bagel or Roll.....	3.60	4.10
The “Big Boy”: Three Eggs w/Ham, Bacon & Sausage on a Hero	5.60	6.10
Turkey & Egg Whites on a Bagel or Roll.....	5.60	6.10
Western Sandwich (Ham, Peppers & Onions) on a Bagel or Roll	4.10	4.60
“The LEO”: (Lox, Eggs & Onions) with Home Fries & Bagel	7.10	
Western Omelette (Ham, Peppers & Onions) platter with Home Fries & Bagel	6.10	

Extras, .50 each:

Extra Egg • Egg White • Cheese (on sandwich or plate) • Lettuce, Tomato & Onions
Flagels add .50 • Bacon (2 strips) add 1.25 • Home Fries add 1.00
Omelettes add .50 • Croissants add 1.00

FROM THE GRILL

Stack of Buttermilk Pancakes.....	5.75
Stack of Buttermilk Pancakes w/Ham, Bacon or Sausage.....	6.75
House Specialty: Banana Walnut Pancakes	7.75
French Toast	5.75
French Toast w/Ham, Bacon or Sausage	6.75

Pancake Extras, 1.00 each:

Bananas, Walnuts, Blueberries, Chocolate Chips

BREAKFAST SIDES & EXTRAS

Bacon (4 strips)	2.25
Ham (2)	2.25
Sausage Patties (2)	2.25
Home Fries	2.25
Hash Browns (2)	2.25
Fresh Fruit Cup, Sm/Lg.....	3.25/4.25
French Fries	2.95
with cheese add 1.00	
Onion Rings.	3.25

HOT & COLD BEVERAGES

100% Colombian Coffee • Decaf Coffee • Flavored Coffee of the Day
Hot Tea • Decaf Tea • Herbal Tea • Hot Chocolate • Cappuccino
12 oz....1.50, 16 oz,1.75, 20 oz.....2.00
Iced Coffee • Iced Tea • Lemonade: 16 oz,...1.75, 24 oz,...2.25, 32 oz....2.75

BAGEL BOYZ STARTERS

Hebrew National Beef Frankfurter (sauerkraut, onions in sauce; relish)	2.50
Add chili & cheddar cheese	3.50
Coney Island Square Knish	2.50
Mozzarella Sticks (6)	4.99
Buffalo Wings Served with Bleu cheese, carrot & celery sticks.	6.99
Pizza Bagel	3.50
Panini Bagel Ham & Cheese or Turkey & Cheese	2.99
Soup of the Day & Chicken Noodle & Minestrone - Call for daily specials.....	sm. 3.25 lg 4.25
Homestyle Chili	sm. 3.25 lg 4.25

BAGEL BOYZ BURGERS

100% Charbroiled Black Angus Beef (4oz./8oz.)

	4oz.	Deluxe	8oz.	Deluxe
Hamburger.....	4.99	6.99	6.99	8.99
Cheeseburger.....	5.49	7.49	7.49	9.49
Baconburger.....	5.49	7.49	7.49	9.49
Bacon Cheeseburger	5.99	7.99	7.99	9.99
Pizza Burger	5.99	7.99	7.99	9.99
Bleu Cheese Burger	5.99	7.99	7.99	9.99

Deluxe Burgers Served with Lettuce, Tomato, Onion, Pickle & French Fries

DELI SANDWICH SELECTIONS

Featuring Boars Head Cold Cuts

Corned Beef	7.10	Beef Salami	6.60
Pastrami	7.10	Grilled Cheese	3.60
Roast Beef	7.10	B.L.T.	5.60
Oven Gold Turkey	6.60	Pepperoni	6.60
Honey Glazed Turkey	6.60	Sopressata	7.10
Ham.....	6.60	Grilled Chicken	6.60
Bologna.....	5.60	Roast Chicken Breast.....	6.60
Liverwurst	5.60	Blazing Buffalo Chicken Breast.....	6.60
Genoa Salami	6.60	Chicken Cutlet	6.60

Flagels .50 additional • Heroes 1.00 additional • Cheese on Cold Cut Sandwiches .50 additional
Lettuce, Tomato, Onions, Hot Peppers .50 additional
All Sandwiches Come with a Side of Cole Slaw, Potato Salad, Macaroni Salad or Fruit Salad

SALAD SANDWICHES & PLATTERS

		Platter
Tuna Salad	6.10	8.25
Lite Veggie Tuna Salad.....	6.10	8.25
Chicken Salad	6.10	8.25
Lite Veggie Chicken Salad	6.10	8.25
Egg Salad	6.10	8.25
Whitefish Salad	7.10	8.75
Baked Salmon Salad	7.10	8.75
Egg White Spinach Salad.....	6.60	8.50

All of our Salads are Prepared with Hellmanns Mayonnaise • Platters Include Potato Salad,
Cole Slaw, Lettuce & Tomato, Hard Boiled Egg and a Bagel • Cheese on Sandwiches: .50 Additional
Lettuce, Tomato, Onions & Hot Peppers: .50 additional • Flagels: .50 additional
Heroes 1.00 additional • Tuna Melts add 1.00

All Sandwiches Come with a Side of Cole Slaw, Potato Salad, Macaroni Salad or Fruit Salad

* Prices subject to change without prior notice. Tax where applicable.

SIGNATURE HEROS & PLATTERS

The Murray Hill Corned Beef& Pastrami, Piled High with Cole Slaw & Russian Dressing 8.75	The Hamptonian Honey Maple Turkey on Toasted Garlic Bread, Melted Jalapeno Jack Cheese, Roasted Peppers & Fresh Avocado 8.75
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The BEAST Roast Beef on Toasted Garlic Bread with Sauteed Onions & Melted Horseradish Cheddar Cheese 8.75	The Montauk Fried Fillet on a Roll with Melted Cheddar Cheese & Tartar Sauce 8.25
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The Bada Bing Ham Cappacola, Genoa Salami, Pepperoni, Sopressata, Provolone, Lettuce, Tomato, Onions, Oil & Vinegar Dressing 8.75	Classic Club Turkey, Bacon, Lettuce & Tomato on Three Slices of Toasted White or Whole Wheat Bread 8.75
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Fried Clam Deluxe Premium Fried Clams Served with French Fries & Cole Slaw 8.75

King Chicken Chicken Cutlet (Grilled or Fried) with Lettuce & Tomato 8.25	Fried Shrimp Jumbo Fried Shrimp Served with French Fries and Cole Slaw 8.75
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Chicken Parmesan Chicken Cutlet, Fresh Mozzarella with Marinara Sauce 8.75	Philadelphia Cheese Steak Piled-High Roast Beef with Grilled Onion and Mozzarella Cheese 8.75
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Chicken Fingers Fresh White Meat Chicken Fingers Served with French Fries and Cole Slaw 8.25	The Roma Fresh Mozzarella with Roasted Red Peppers, Tomatoes & Balsamic Vinegarette 8.75
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SIGNATURE SALADS

Chef Salad: Roast Beef, Turkey, Ham & Swiss Cheese on a Bed of Mixed Greens with Sliced Egg.....	Sm. 8.75	Lg. 10.75
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Grilled Chicken Caesar Salad: Grilled Chicken on Top of Romaine Lettuce, Croutons &- Grated Romano Cheese	8.75	10.75
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Greek Salad: Mixed Greens Topped with Feta Cheese, Tomato, Greek Olives, Grape Leaves & Anchovies	8.75	10.75
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Neopolitan Salad: Mixed Greens, Genoa Salami, Ham, Swiss & Crumbled Bleu Cheese, Topped with Cashew Nuts.....	8.75	10.75
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Spinach Salad: Baby Spinach, Mushrooms, Sliced Egg & Croutons	6.25	8.25
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BUILD-A-SALAD

Includes Six Toppings*
Regular 6.25 • Large 8.25
Add \$2.50 for:

A Scoop of Tuna, Chicken or Egg Salads, Grilled Chicken, Chicken Cutlet or Other
Deli Meats

All salads come with a bagel

* Please request a Build-A-Salad menu for complete list of ingredients