

**100% NATURAL
INGREDIENTS**
UNBLEACHED, UNBROMATED FLOUR.
NO ARTIFICIAL COLORING.
NO ARTIFICIAL FLAVORING.
NO ARTIFICIAL PRESERVATIVES.
NO ARTIFICIAL ADDITIVES.



DID YOU KNOW... many bagel stores
are buying frozen bagel dough made
with artificial dough conditioners,
preservatives and chemicals,
processed salts and sugars?

**99% of Bagel Establishments today still
use Blended Flour containing Potassium
Bromate (known carcinogen)**

B & B BAGELS IS THE 1%

Lunch Menu

All sandwiches served with a pickle & 1/4lb side salad

Deli Hero... \$7.39 Deli Wrap... \$6.99 Deli sandwich... \$5.99
Call Ahead and place an order by number · Pick up only

1. **Grilled Chicken** - fresh mozzarella, roasted red peppers, lettuce, tomato, balsamic vinaigrette
2. **Oven Roasted Turkey Breast** - bacon, romaine lettuce, tomato, honey mustard dressing
3. **Grilled Roast Beef** - melted cheddar, mushrooms, onions, peppers, russian dressing
4. **Fresh Baked Ham** - alpine swiss, lettuce, tomatoes, honey mustard
5. **Golden Fried Chicken Cutlet** - melted pepper jack with slaw on top
6. **Greek Chicken** - feta cheese, black olives, lettuce, tomato, red onion, grape leaves, spinach topped with tzatziki dressing
7. **Grilled Pastrami** - melted swiss, sauerkraut, deli mustard or russian dressing
8. **Nutty Professor** - grilled chicken, mixed greens, gorgonzola cheese, cranberries, caramelized walnuts, raspberry vinaigrette
9. **God Father** - ham cappy, pepperoni, salami, provolone, lettuce, tomato, onions, oil & vinegar
10. **Grilled Chicken Caesar** - grilled chicken, romaine, parmesan cheese, red onions with caesar dressing
11. **Garden Tuna** - fresh whitemeat tuna salad, lettuce, tomato, red onion, hellman mayo
12. **Greek Veggie** - spinach, romaine lettuce, red onion, black olives, tomato, feta cheese, grape leaves
13. **Turkey Cranberry** - romaine lettuce, raspberry vinaigrette
14. **All American** - bologna, american cheese lettuce, tomato
15. **Late Breakfast** - egg salad with crispy bacon on top
16. **Turkey Club** - fresh baked turkey, avocado, bacon, lettuce, tomato, mayo or honey dijon
17. **Crispy Chicken** - hot chicken cutlet, lettuce, tomato, bacon, swiss, ranch dressing
18. **Chicken Salad** - with bacon lettuce & tomato
19. **American Wrap** - roast beef, turkey, ham, american cheese, lettuce, tomato
20. **Chicken Triple Pepper Wrap** - chicken cutlet, melted monterey jack, jalapenos, creamy parmesan pepper corn dressing
21. **Buffalo Chicken Wrap** - chicken cutlet, buffalo sauce, bleu cheese
22. **Sante Fe Wrap** - grilled chicken, roasted peppers, cheddar, salsa, sour cream
23. **BBQ Ranch & Chicken Wrap** - chicken cutlet, bacon, cheddar, BBQ sauce and ranch dressing
24. **Crispy Chicken Ranch Wrap** - hot chicken cutlet, lettuce, tomatoes, bacon, swiss, ranch or russian dressing
25. **Turkey Club Wrap** - buffalo chicken, lettuce, tomato, bleu cheese dressing

26. **Greek Salad** - grilled chicken, garden salad, tzatziki sauce, feta cheese, grape leaves
27. **Grilled Balsamic Chicken Wrap** - grilled chicken, roasted peppers, fresh mozzarella, red onions, balsamic vinaigrette
28. **The Cuban** - hot fresh pork, ham, melted swiss, pickles on a buttered grilled hero *(Every Thursday and Friday)*

Hamburgers

Hamburger - served with french fries, lettuce, tomato, pickles
Bacon Cheese Burger - topped with crispy bacon and your choice of cheese, french fries, lettuce, tomato, and pickle

Fresh Salads

Potato · Macaroni · Cole Slaw · German Potato
Penn Dutch Potato · Health Salad · Cucumber
Italian Antipasto · Fruit Salad · Tomato
Oriental Pasta · Spinach · Tomato & Mozzarella
Pasta & Broccoli · Tortellini · Snap Pea & Grape Tomato
1/2lb2.99 1lb5.99

Seafood · Tuna · Egg · Chicken
1/4lb2.59 1/2lb4.29

We use solid white tuna, white chicken breast eat & hellman's mayo

Soup Of The Day \$4.29

With buttered bagel.
Daily choices available.
November through February.



Deli Meats & Cheese

Black Forest Bologna
Hormel Pepperoni
Ham Cappy
Genoa Salami
Supremo Provolone
James Farm American
Fresh Mozzarella
Sharp Cheddar
Liverwurst
Finlandia Muenster Cheese
Finlandia Swiss Cheese / Lacy Swiss



Black Stear: Pepper Turkey, Buffalo Turkey, Turkey Breast,
Honey Breast, Honey Maple Turkey, Roast Beef &
Chicken Pastrami



BREAKFAST SERVED ALL DAY
CATERING AVAILABLE

4641 Sunrise Highway (Exit 48)
Bohemia, NY 11716

Call Ahead
631-563-1959
Fax 563-1146

Monday - Friday 5am - 3pm
Saturday & Sunday 6am - 2pm

All corporate & office accounts welcome

\$20 Minimum on all deliveries

